

AMDA

Bulletin

**“Strong families
form the foundation
of a vibrant
Church, resilient
communities, and a
stronger AMDA....P.4**



Archdiocese of Mbarara Development Association (**AMDA) Monthly publication**



AMDA FRANCISCAN JUBILEE YEAR PILGRIMAGE TO UGANDA MARTYRS SHRINE, MUNYONYO



**AMDA CO-OPERATIVE SAVINGS
AND CREDIT SOCIETY LTD
(AMDA SACCO)**

"Growing Together in the Lord"

REQUIREMENTS TO JOIN AMDA SACCO

- Must be from Mbarara Archdiocese
- Membership Fee of **UGX 70,000/=**
- Passport Photos (3)
- Minimum of **Five (5) Shares** at **20,000/=** per share
- Account Opening 20,000/=
- A copy of a National ID

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This Bulletin is Produced by the
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EDITOR'S NOTE

Dear AMDA Family,

Walking Together in Faith,
Fellowship and Mission

As we bring another month to a close, we are once again reminded that the strength of the AMDA family lies not only in the events we organize, but in the relationships we nurture, the faith we share, and the mission we continue to pursue together.

This June edition of the AMDA Bulletin captures a vibrant season in the life of our community—a season marked by prayer, fellowship, learning, service, and hope. It is a reflection of a family that continues to grow together, united by shared values and a common desire to deepen our faith while positively impacting those around us.

In these pages, we are privileged to share inspiring messages from our Chairman, our Chaplain, and the Animators who prepared this month's Holy Mass. Their reflections remind us that amidst the demands of daily life, Christ remains the centre of our journey, calling us to live lives of purpose, compassion, and faithful stewardship.

This issue also celebrates the many moments that have brought our community together. From the warmth and joy of the AMDA Marrieds Dinner to the engaging conversations during the Youth Kiganiiro and Leadership Kiganiiro, we continue to witness the beauty of dialogue, mentorship, and fellowship across generations. We also look back on our pilgrimage to Munyonyo, a spiritually enriching

experience that invited us to pause, reflect, and renew our commitment to our Christian walk.

Our SACCO continues to recognize and empower members we are delighted to feature the inspiring testimony of one of the winners of the SACCO@10 land giveaway. Her story is a powerful reminder of what can be achieved through trust and collective effort. It reflects the enduring value of a financial institution that is built to uplift and transform the lives of its members. We also turn our attention to Caravan 2026. Preparations are steadily taking shape, and we invite every member of the AMDA family to be part of this important mission through prayer, participation, and generous financial and in-kind support.

Finally, our pictorial highlights capture more than just photographs; they preserve memories of shared fellowship and moments that strengthen the bonds that make AMDA more than an association; it makes it a family. As you read this month's bulletin, we hope you find encouragement, inspiration, and renewed motivation to remain actively engaged in AMDA's life and mission.

Thank you to everyone whose dedication, generosity, and commitment continue to make our community flourish. May God continue to bless you, your families, and all the work of your hands. Happy reading!

Agatha A. Siima

**Chairperson, AMDA Media
& Communications Council**

CHAPLAIN'S REFLECTIONS

Obutumwa Sande ya 13, 28.06.2026 A

2 Abagabe 4:8-11, 14-16a; Abarooma 6:3-4, 8-11; Matayo 10:37-42



Yebembeze Mukama omuri byona!

Banyaruganda omuri Kristo, nimbakiira aha Sande ya 13 omu mwaka gw'Ekerezia! Itwe abakristo, nangwa n'abantu b'endengo hamwe n'enyikiriza zitari zimwe, nitumanya ngu Ruhanga niwe ayemereire aha mutwe gw'okubaho kwaitu n'ebintu byona ebyahangirwe. Hariho ekyeshongoro ekirikugira ngu "Ensi yoona eri omu mikono ya Mukama, n'eiguru ryona riri omu mikono ye." Ekindi kyeshongoro eki nabaire nkunda ndi omwana muto nikigira ngu "Ninyesiga Ruhanga wenka, owampangire akanta omunsi. Akarungi koona aku nyine, n'ebirungi byona ebinkora, byona ni Ruhanga obimpa. Akabi koona akunyine, n'ebibi byona ebinkora, byona ni Ruhanga onganyira."

Beene Taata, Mukama waitu Yesu, yagaruka yakihamiiriza omu Vangiri y'erizooba ngu wenka okunda ishe, nyina, omutabani, ninga omuhara kukira oku arikukunda Kristo, biri tamushemereire. Okukunda Kristo okukira byona tikirikumanyisa ngu twangye abaitu ninga tubure kwekunda. Ngaaha! Nangwa oku kiri, waba oteekunzire ninga okakunda mutaahi wawe, tokabaasa kukunda Ruhanga. Nikyo yatuheera ekyokureeberaho ngu weena oyakiira omurangi, ninga omuntu ohikiriire, wena okorera mutaahi we ebirungi nk'okuha ekikopo ky'amaizi omukuratsi wa Kristo, biri ebyo byona aba abikoreire Kristo. Reka Mukama ategyekye amagara gaitu goona, nk'oku tweshongora ngu "Yesu otutegyekye tube abaawe twena, hangusya engoma yawe, kubuura ensi yoona." Hariho gumwe omu miringo eyi abaikiriza barikutsindamu Kristo ebiro ebi, ngu "Alleluia eh eh! Yesu niwe Mukama w'amagara gangye goona!" Buri kintu kyona ekituraakore, tumanye ngu nitukikorera Ruhanga. Nangwa n'okwehenenga kwona omu magara g'ensi egi, kushemereire kworekyereza okuha Ruhanga ekitiinwa. Abantu abamwe nibateekyereza ngu okuhayo obwire bwabo kukora omurimo gwa Ruhanga n'okufeerwa emirimo yabo. Kwonka nitukimanya gye, ngu omuntu yaza omu bya Ruhanga, na Ruhanga naza omubye. Omu kukorera Ruhanga tiharimu kufeerwa! Omw'ishomo ry'okubanza twahurira ngu omukazi wa

Shuneemu n'omushaija we bakakunira omurangi Elisha, baguma nibamuha akokurya buri kubarabaho, nangwa baija bamwombekyera ekishengye ky'okuguma naraaramu yaba nahingura. Omurangi Elisha akamushabira omugisha, we n'omushaija we owabaire akuzire, bazaara omwana w'omwojo. Beena Taata, omukukora ebirungi tiharimu kufeerwa, ahabwokuba byona nibiza ahari Mukama, omugabi w'ebirungi byona. Ninyenda kuhendera n'ebigambo by'entumwa Paulo ebirikugira biti: "kyona eki muraakore, mukikore mwihire aha mutima, nkabarikuheereza Mukama, batari bantu." (Abakolosai 3:23).

Mukama abahe omugisha!

Fr. Darius Magunda.

AMDA Chaplain



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MESSAGE BY AMDA CHAIRMAN



Dear People of God,

On behalf of the AMDA Executive Committee and on my own behalf, I warmly welcome you all to our June 2026 Monthly Mass.

I extend special congratulations and appreciation to our members of the **Entebbe Road Small Christian Community**, under the patronage of **St.**

Padre Pio and led by **Rev. Fr. Hillary Katusiime**, for organizing and animating today's celebration. We are particularly grateful to our main celebrant for once again accepting our invitation to preside over this Holy Mass. I also extend a heartfelt welcome to all those joining us for the first time. May you feel at home within the AMDA family and experience the warmth of our fellowship and Christian community.

As we gather in prayer and thanksgiving, I am delighted to see several new faces among us. I encourage all members, especially those who are new, to actively participate in AMDA's programmes and activities, which are anchored on our seven strategic pillars: Unity, Spiritual Development, Leadership Development, Economic Empowerment, Education Development, Health and Wellness, and Environmental Sustainability.

While commendable progress has been registered across these pillars, participation has not been uniform. I therefore encourage all members who have not yet fully engaged in these initiatives to do so. The benefits of active involvement extend beyond the activities themselves and contribute significantly to personal growth, professional development, spiritual enrichment, and community building.

This month, we mourn the loss of our active member, **Mrs. Angella Kabagambe Hakizamana**, a

“Strong families form the foundation of a vibrant Church, resilient communities, and a stronger AMDA.”

devoted Catholic and member of the AMDA Media Council. Her contribution extended far beyond our Association. Through her work in AMDA Caravans and Uganda Catholic Television, she touched and inspired countless lives within the wider community. We extend our deepest condolences to her family and loved ones. Let us continue to keep them in our prayers and pray that the Almighty Lord grants her eternal rest.

During the month of June 2026, several important activities were successfully implemented.

■ On **9th June 2026**, members participated in a pilgrimage to the **Munyonyo Martyrs' Shrine**, which was complemented by a half-day spiritual retreat facilitated by our Spiritual Council. I was particularly encouraged by the spiritual reflections shared during the retreat. However, I also noted that many members had never previously visited this important national shrine. I therefore encourage all members to make time to visit, pray, and deepen their understanding of the inspiring witness and sacrifice of the Uganda Martyrs.

■ On **20th June 2026**, the Married Persons Council successfully

organized a dinner aimed at strengthening marital bonds, rekindling love, and promoting family renewal. As Catholics, we recognize the family as the **Domestic Church**—the first school of faith, love, and virtue. Strong families form the foundation of a vibrant Church, resilient communities, and a stronger AMDA. I commend the Council and all participants for making this meaningful initiative a success.

■ Looking ahead, the month of **July 2026** will be dedicated to planning and preparations for the forthcoming **AMDA Caravan**. I encourage all members to actively participate in the scheduled activities, particularly the:

Weekly Caravan
Planning Meetings

■ **Every Tuesday at 5:30 p.m.**
Venue: Platinum Café

These meetings are critical in ensuring the successful organization and implementation of the Caravan and its associated outreach activities.

As I conclude, I wish to express my sincere gratitude to each one of you for your continued support, commitment, prayers, and active participation in the life of our Association. Your dedication strengthens our mission and enables AMDA to continue serving its members and communities effectively.

May Almighty God continue to bless you abundantly, guide and protect your families, and strengthen us as we work together in faith, unity, and service.

I wish you all a joyful, peaceful, and blessed month ahead.

Chris Gumisiriza
AMDA Chairman



UPCOMING

EVENTS

AUG, 2026

Sun **09**

AMDA CARAVAN RUN

Sun **16**

AMDA CHOIR CONCERT

Sun **30**

AMDA MASS ANIMATED BY
Kitura Parish

#TuriBamweOmuriKristo AMDA Uganda www.amda.ug



**AMDA CARAVAN
"RUN"
PARTNERS'**



**Register
& Showcase
your business**

FULL BUSINESS TABLE

- Full table, a tent, quality space
- mc mentionings
- CEO Package

PRICE: 600,000 UGX

**SHARED EXHIBITION
SPACE**

- Shared Space on a Table of 5
- Tent & maximum visibility
- Mentionings

PRICE: 120,000 UGX (per shared space)



**9TH
AUG
2026**



**KITANTE HILL
SECONDARY
SCHOOL**

**0706238397
Mr. Surprise
HELP LINE**

**0750 696832-
Osbert Asimwe
(Sports Treasurer)**

#AMDACaravanRun2026

#TuriBamweOmuriKristo



**4TH-6TH
SEPT 2026**

**AMDA 2026
CARAVAN
TO NYABWINA**

Make payments to:
0704 600496
0776 698302
COLLINS TUMUSIIME

**Join us at
a fee of**
250K

#TuriBamweOmuriKristo AMDA Uganda www.amda.ug



**9TH
AUGUST
2026**

**AMDA
CARAVAN
RUN**
Is Back



**KITANTE HILL
SECONDARY
SCHOOL**

**km 5km
& 10km**

FEE:
40,000/=
(vest, cap & bag)

TIME:
6:30 AM

**0706238397
Mr. Surprise
Helpline**

**0750 696832-
Osbert Asimwe (Sports Treasurer)**

#TuriBamweOmuriKristo
#AMDACaravanRun2026



Order of HYMNS

PRELUDE:

TWIMUKYE TUBAHIMBISE

(Mr. Benedikto K. Mubangizi)

Chrs:

**Twimukye tubahimbise abajurizi ba Uganda,
Twimukye tubahimbise abo baiguzi b'omuhanda.**

1. Enzaaranwa z'ensi
Uganda egi diini zikagifeera
Omuiguru mbwenu Ruhanga
nimureeba, mutunga beera.
2. Enanga twiteere, zigambe
tubahaise nizijumeera.
Obwiguro twena tugambe,
tubahaise nibunihira.
3. Abevugi b'ensi bahimbe,
amahaiso nibagacooka,
Emanzi baihise burijjo
omuhimbo gutabahooka.
4. Abaitirwa-diini kibaita
nyakugyanga akakazaara,
Eshagama yaabo nibaitwa
egyo diini akagibyara
5. Muranga nesiima Uganda
okuzaara nyamanzi zeera
Ediini ya Yezu bazaarwa
tugikwate butarereera.

ENTRANCE:

NIMWIJE TUTAAHE OMU NJU

Chrs:

**Nimwije, nimwije tutaahe omu nju ya Nyinaitwe.
Niwe aratutaasye, niwe aratutaasye omu
nju ya Ruhanga.**

1. Maria niwe Nyina Ekelezia, niwe Nyinaitwe twena.
Niwe atuyamba akatushendekyereza
omunju ya Ruhanga
2. Niwe yatumire twasaasirwa niwe
yatumire twagaruka
kunywana, niwe yatumire twagaruka kunywana na
Bushatu obuhikirire
3. Nimwije omu nju ya Mukama eyo muri, Ruhanga
akatorana, kuba Yeruzalemu ensya.

KYRIE:

KYRIE MISSA BREVIS B^b

GLORIA:

OHIMBISIBWE RUHANGA WAITU

Leader

Ekiinwa kibe omu iguru ahari Ruhanga

All:

**N'obusingye bube omunsi ah'abantu
abasimwa Ruhanga aaah**

Chrs:

Ohimbisibwe (Mukama) ohimbisibwe (buzima) ohimbisibwe Taata Ruhanga waitu x2

1. Nitukuhaisa nitukusiima nitukuramya
nitukuhimbisa aaah
Nitukusingiza ah'abwekitinwa kyawe kyingi.
2. Mukama Ruhanga omugabe wa iguru
Ruhanga omushoborazi wabyoona aaah.
Mukama mwana omwe nyamunegere Yezu Kristo.
Mukama Ruhanga Katama ka
Ruhanga Mweine Pati.
3. Iwe oyihaho ebibi by'ensi otusaasire.
Iwe oyihaho ebibi by'ensi yakira
okweshengyereza kwaitu.
Iwe oshutami aha buryo bwa sho otusaasire.
4. Manya naiwe wenka orikwera
naiwe Mukama wenka.
Naiwe wenka ori ahaiguru yabyona, Yezu Kristo.
5. Hamwe na Mutima orikwera omukitinwa kya
Ruhanga Patri. Amina.

MEDITATION:

NDYASHEMERERWA

Msgr. J. Barugahare

Chrs:

**Ndyashemererwa, nyesiimire omuriwe,
Ndyayeshongora eby'okuhimbisa
Eiziina ryawe; Iwe Rukira-boona.**

1. Ndyasiima Mukama n'omutima gwangye gwona,
Manyise abantu eby'okutangaaza byona
ebi yaakozire.
2. Ahabw'okuba abazigu bangye bagarukire enyima,
Baagwa baahwerekyerera omu maisho gaawe.
3. Ahakuba okandwanaho, naasinga
orubanja omu mazima,
Oshutami aha kitebe kyawe ky'obukama noocwa
emanja omu Buryo.
4. Akahana amahanga, waacwekyereza ababi,
Waamariraho kimwe amaziina gaabo ebiro n'ebiro.

GOSPEL ACC:

ALLELUIA MUHIMBISE RUHANGA

Mr. Kigongo Moses

Alleluia Alleluia

Imwe ngingo zangye

N'omutima gwangye

//Muhimbise Ruhanga //

1. Amakuru marungi ga Ruhanga
Nimurekye tugakiire
Tugabuzye omunshonda ina z'ensi
Nitweshongora Alleluya
2. K'ebyangirwe bikuhaise Eby'omu
iguru hamwe n'omunsi



Order of HYMNS



Kabikuzaanire by'emurikye
Byeshongore Alleluya

3. Katukuterere n'ebijumera,
Engoma n'obukyenkye n'enanga
Bihimbise eiziina ryawe
Byeshongore Alleluya

4. Katwimuse n'emikono yaitu
Tugyerekyereze ahari Rutari
Omumwanya gwe ogurikwera
Tweshongore Alleluya.

CREED:

Recite

OFFERTORY:

NIMWIJE N'EMITOIJO

Mr. John Bosco Kazoora

Chrs:

**Nimwije n'emitoijo,
Imwe nkundwa za Mukama
Tumutoijere n'omutima
gw'okwekyehesa.**

1. Egi niyo Nyaruka ya Nyakubaho Omuhangi,
owatuhangire twena, Nimwije naitwe
tumusiime buzima.
2. Mureete emitoijo omuri Nyaruju ye,
Omu muringo gw'abatatenkuru itwe,
Oku babaire bamutoijera.
3. Bakaba bakora aha matungo gaabo-o
N'ebihingwa obwo nibamusiima-aa.
4. Omukutoija kw'omuhereza we Abeli,
Eye ekasiimwa kandi yaayakiirwa.
5. Mbweni naitwe twaija n'emitoijo yaitu-uu,
Tugitoije ebe nk'eyomuhereza we.
6. Taata yaakiira egi mitoijo y'abaana baawe,
Abeija kukutoijera nibakusiima.

NITUKUTOIJERA TATAITWE

Nitukutoijera Tataitwe nyamuhanga
Nitukutoijera tukwebaza
Emitoijo yaitu ogyakiire nk'omutoijo
gw'omuhereza waawe Abeeli

1. Eshara zaitu Mukama tuzikutoijere,
Rugaba nitukusiima
2. Agamatungo Mukama tugaiha'hariwe
Tugakureetere Rugaba nitukusiima
3. Ebihingwa byaitu yaimwe tubikutoijere
Tuteziringa reero niw'obyaza buzima
4. Embundabunda yaimwe nimwije
Tumusiime,
Nitumusiimira byoona ebyatuhaire
5. Eminyeeto mwena mwije tutoijere

Tataitwe

Niwe muhanga waitu tumuhereze

6. Amagara gaitu twena omuzaire
tugamukwatse
Omuhangi w'ensi n'eiguru tumugaragire

NYAKUSINGA RUGABA

**Nyakusinga Rugaba onkoraire ebirungi,
Naija n'emitoijo, naija kukusiima;
Oyakiire ebihongwa byangye by'erizooba.**

1. Ahabw'ekiconco ky'amagara, Mukama ninkusiima;
Iwe ondiinda gye, ompwera n'obutoosha,
Mukama ninkwebaza.
2. Ahabwa Obusingye bw'obugwagye,
Mukama ninkusiima;
Iwe Mukiza, ompeereza obuhoro,
Mukama ninkwebaza.
3. Omurweto rwangye n'obutumwa,
Mukama ninkusiima;
Iwe ompwezesa, ompeereza okubaasa,
Mukama ninkwebaza.
4. Omu Mbabazi ez'obufura, Mukama ninkusiima;
Iwe ombangira, ompeereza amatungo,
Mukama ninkwebaza.
5. Omu mirimo yangye, niiwe mubangizi wangye;
Nkiba naaruha, niiwe, niiwe, niiwe
bwegamo bwangyex2

OFFERTORY PROCESSION:

TOORA NYAMUHANGA.

Chrs:

**Toora Nyamuhanga, yakiira muruhura Ekitambo
ky'erizooba Nyamuhanga,
Omugaati toora n'egyo viini reeba,
Nikyo Kitambo ky'oburokozi Nyamuhanga.**

1. Eshaara zeitu yeiwe Muruhuura,
Zishorongye n'ekitambo owa Ruhanga.
2. Magara gaitu yeiwe Muruhura,
Ahari Tateitwe Yezu omutusiimire.
3. Maria Nyina Yezu kandi Nyineitwe,
Ekitambo ky'Omwana waawe kitugasire twena.
4. Rukundo y'abantu ogyeze Tateitwe,
Ekitambo kyaitu Tataitwe kikuheise Ekitiinwa.

ALTER INCENSING:

OMUGAATI N'EVIINI

Msgr. J. Barugahare

Chrs:

**Omugaati n'eviini Tubibonetsye Mukama
Nyamuhanga; Ebitambo byaitu ebi Tubiheereze.
Mukama Nyamuhanga. Obibonekye, Rugaba
Nyamuhanga; Obitongore, bimube mujunansi.
Ebitambo byaitu eby'ensi egi;**



Order of HYMNS

1. Omugaati reeba na n'eviini.
2. Emibiri yaitu gitware iwe,
Emitima yaitu ekwehaire.
3. Ebikorwa byaitu bisiime iwe,
Omu kubitamba otweze itwe.
4. Ebishobyo byona bitwamuure,
Emitima yaitu ezaahuukye.

SANCTUS:

ORIKWERA

Mr. Bazilio Arinda

Orikwera, Orikwera, Orikwera Mukama,
Ruhanga Ow'amahe.

Iguru n'ensi, Iguru n'ensi bijwire ekitiinwa kyawe.

Hosanna, Hosanna, Hosanna Ruhanga ow'amahe.

Naakasingye, Naakasingye orikwija omwiziina ryawe.

HOLY COMMUNION:

Yezu YAIJE OKUTWEHA

A.

Yezu yaija okutweha twena tumutungye
Omu shagama ye, n'omubiri gwe.

Alleluia kaije owangye Yezu

B.

Twena baija aha bugyenye bwe
Turi abahirwa kandi hoona ab'omugisha
Mbwenu reero twimukye twena
Emeza ye tugyehitsye tumugaburirwe

C.

Alleluia Yezu mweha gi nsi yaitu
Ija, Omu-mitima yaitu twena abaana baawe.

Aha Rwakana-orwo Orwera

Akakwata omugaati

N'egyo Viini Yaahaasirira

Yaaheereza Entumwa Ze

Boona barya banywa.

Chrs. (A)

Mbwenu naitwe omu Misa

Omusaserdooti nuwe

Ntumwa ya Yezu

Ah'Altari, naatuheereza

Mukama waitu

Nk'oku yaaragirwe

Chrs. (B)

Bakristo, Omubiri

N'Eshagama ya Yezu

Kutubitunga bituhamya

Okuguma nituhaisa

Eziina rya Yezu.

Chrs. (AB)

Mbwenu hati itwe twena

Turi eisheemwe

Enyineemwe,
Katugume kwo obutoosha
Nyamuhanga atukwatse
Hati n'obutwire.
Chrs. (ABC)

NIMWIJE TUZE GALILAAYA

Chrs:

Nimwije tuze Galilaaya, Kristu

natweeta aha gaabo ye

Nimwije tuze aha bugyenye Kana, Mukama
niyo turamushangye

1. Naitwe tunaabe twesigye tugyende tuboneire
Murahukye niyo turamushangye
Atushukyeremigisha ye tugume tushemeire-
Murahukye niyo turamushangye
2. Enkundwa ze nimwehuute mutakeziringa-
Egi nju ye eyakiira boona manya we takinga
3. Engoga z'okumubona zigirwa owashemeire-
Abanza anaaba ayeera agirya yaboneire-
4. Egabo ya mukama waitu teyenda watokoiri
Abanza anaaba ayeera agirya yashemeire
5. Akaija kw'amaraho rwango ngu atutambire -
Abamutunga mwije mweena tumutungye weeza -
6. Akaija kw'atujuna kandi ngu atutambire
Ebiibi byangye n'ebyawe abitusasiire
7. Mutaruha mukebwa ngu ugu niwe ntambizi
Tumuhikye atuhanye tusiimbe n'emiizi.
8. Nimwehuute tugize butaaka y'ongwo ndungi
Tayenda kwabatsigaho ababi n'abarungi.
9. Ahagabo egi mukama -a- nayeeta buri omwe
Nimwije mwena tugize mukama waitu nomwe

POST COMMUNION:

REEKA NKUSIIME

Mr. John Bosco Kazoora

Chrs:

Reeka nkusiime, mujuni kandi omugabe,

Reeka nkuhimbise;!

Mukama wangaburira x2

1. Naaba nyine enjara, neiriho nashobeirwe,
kunarya aha mubirigwe buzima nakira.
2. Owaija oyetegwirire, haza akakweha mujuni;
kwakurya akwiguta aa, ahurira yaruhuka,
3. Owaija neiriho, yashanga eiziba ryafukwirwe.
Omukusyora omuhumuriza akkuka yeigutsibwe.
4. Emitiima aa mujuni wagyeza yaananuka,
Reeka tukwebaze, nengoga tukuhimbase.
5. Engoma nakacenkye
kubinihizibwa aa
Enanga nomukuri hamwe biba ebyokusima
6. Abantu baawe mujuni baakurya bakuhaaga
Baija kukwebaza mbabo nibakusiima.



Order of HYMNS

7. Mukama naigutsibwe, mpa amaani n'obumanzi
ntaine kwekanaasha, nkurangye kwevuge.

RUBAGA PROJECT:

NKUSIIMENTA NYAMUHANGA.

**Nkusiime nta Nyamuhanga Nkusiime nta Taata,
Ahabw'ebirungi byona
Ebi waantoraniire.**

1. Mukama okankunda, Wampanga omu
kyeshusha kyawe,
Mbwenu reeba naija reka nkusiime
2. Mukama okakunda, Wancunguza eshagarna
Y' omwana waawe,
Mbwenu reeba naija reka nkusiime
3. Manya nyowe okundi tiinyine
Eky' okukusiimisa Ompe Mutima waawe
Ampindure busya

RECESSION:

ABAJURIZI BASINGURA RUFU

Mr. Cosma Warugaba

Chrs:

Abajurizi basingura rufu,
Nimwije tubatabarutsye
Karoli Lwanga abebembeire,

Bahumwire, ebiro byona.

1. Ayi Ruhanga omushoborozi wa byona,
niiwe omanyanya byona
Ebyomu iguru n'ebyomunsi yoona.
Ahabwa rukundo yaabo mpango,
n'ahabw'obumanzi bwabo,
Bakasheesha eshagama yaabo.
2. Bakarwanisa amairu g'ensi n'emitego yaayo,
barinda oburikwera bwabo,
tibakuhemukaho.
Omuriro gwa Namugongo, gubacwekyereza,
gwotsya Egyo mibiri yaabo, gweza
emitima yaabo.
3. Ekitinisa kibe ahari Patri n'ahari Mwana, n'ahari
Mutima omuhikiriire,
Nk'oku kyabaire kiri kare na kare, kibe kwo na
mbwenu, n'obutoosha
N'ebiro byona. Amiina.



JAMBOREE

09TH AUGUST 2026



Participating Teams.

- ✍ AMDA Whatsapp groups
- ✍ Small Communities
- ✍ Alumni Associations.

PARTICIPATION FEE:

300k @team

DON'T MISS



- ✍ AMDA day out with Caravan awareness
- ✍ Quiz competitions
- ✍ Lots of tickets for winning to the Nyabwina 2026 Caravan
- ✍ Lots of fun, games and networking
- ✍ Lots of food & drinks

#TuriBamweOmuriKristo



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Faith, Fellowship, and the Call to Holiness, May's AMDA family Marks the Solemnity of the Holy Trinity.



End of May marked the reflection and celebration of the Holy trinity Sunday, animated by Uganda Martyrs Parish, Reverend father Didas Kasapuli the Parish priest reminded believers that in the world marked by the demands of modern medicine and divisions, it's very important to remain United as one Church and defend the catholic institution in everything we do whether at our work places or in our families. The Holy Trinity Sunday one of the most theologically profound feasts in the catholic faith left many in the congregation with more than just a spiritual experience it left them with a challenge. Fr. Kasapuli opened his homily by anchoring the congregation in one of Christianity's most enduring puzzles that is the nature of God himself. The Holy Trinity Father, Son, and Holy Spirit .The doctrine that has occupied theologians, mystics, and ordinary believers for truth seeking ,To him, acknowledgement of this dogma with grace, faith and hope just like the intellect of Saint Augustine of Hippo is very best way to understand God.

Saint Augustine, one of the most prolific and influential thinkers in the history of the Church, wrestled profoundly with the Trinity. His conclusion, which has endured across centuries, was striking in its humility. It is far easier, Augustine held that Gods divine nature exceeds the capacity of human language and thought. One can say God is not limited, not unjust, and not indifferent but to fully capture the essence of the Triune God in words is to risk reducing the infinite to the merely expressible. Fr. Kasapuli carried this insight gently into the congregation and called on every member to pursue sainthood and holiness not as the preserve of the canonized few, not as a lofty spiritual achievement but as the everyday ambition of every ordinary Christian life lived. "Sainthood and holiness is the universal call of baptism, little things we do with love, the togetherness and support we give to each other in love and faith." "It is as close as the choices made each morning, each afternoon, and in the small, unobserved moments when no one is watching." He added. The pathway to sainthood and holiness echoes Saint Paul's first

letter to the Corinthians, chapter thirteen as Paul's description of love is zeroed to; Love is patience. Love is kindness. It does not envy, does not boast and it's not proud. It does not dishonor others, is not self-seeking, is not easily angered, and keeps no record of wrongs. It bears all things, believes all things, hopes all things, and endures all things.

The connection to the Trinity was deliberate and coherent. The three persons of the God the father, the son and the Holy Spirit perfectly united in love and purpose if the Church is to reflect that image, and if AMDA as a faith-rooted community is to reflect the Church, then the work of building genuine unity remains pivotal.

He ended with inviting AMDA as a family to love one another, to strive for holiness together, and to find in the mystery of the Trinity not a theological puzzle but a living model for how to be, in the fullest sense a family and urged AMDA to continue with the good service of its love rooted activities such as the Caravan to Nyabwina Parish. He challenged everyone to actively engage in this year's Amda Caravan in September 2026.

Spera Family: Reflecting on Growth, Faith, and the Future



By Bwebare Nicholas, SG



A photo moment of the SPERA leadership

Founded in July, 2016, St. Padre Pio Entebbe AMDA Family (SPERA) stretches from Kibuye up to Entebbe International Airport bringing together all members residing along the stretch and its environs to always come to pray, remain hopeful in their spiritual journeys and always trusting in God. As a means to build consensus in a democratic manner, a poll was conducted by the family's former Secretary General, Mr. Dennis Ahimbisibwe, and three names were put on table, which included, Uganda Martyrs, Mapeera and St. Padre Pio respectively. The voting outcome was in favour of St. Padre Pio which became the family's maiden name. This clearly gives and explains the background of the name adopted by the members along Entebbe Road. The proponents of the name "St. Padre Pio" preferred it because of the saint's heroic obedience and humility in prayer, which was also in line the AMDA's pillar of deepening our faith through the established AMDA Spiritual Council. The SPERA family, as

popularly known, has evolved to become a model Christian family within the AMDA fraternity and continues to grow in membership and strengthening its leadership.

The SPERA family first animated the AMDA Mass ten years ago at Kitante Primary School during its early days of formation. As we move forward in the year, 2026, the family considers it a special year of remarkable achievements in spiritual renewal, leadership development, and strategic growth. Under the stewardship of its Patron, Rev. Fr. Hillary Katusiime, who is the current Parish Priest of Kitabi Parish and the AMDA Chaplain, Rev. Dr. Fr. Darius Magunda, the family is committed to its mission to deepen faith, continue fostering fellowship among its members, and serving the Church by engaging in several activities that strengthen bonds and expand its spiritual horizons using a family fellowship model. The opportunity to host this special Mass in June 2026 was timely since the family is celebrating its 10th anniversary of

its founding, a moment that was embraced and supported by the members to renew their vows of fellowship, mission, and spiritual growth under the guidance of the Holy Spirit. The group appreciates the AMDA leadership for the support and giving us the space to shine and be the light in our SPERA Christian family.

Leadership: Embracing new beginnings

For every two years, the SPERA family chooses new leaders to steer its family journey and activities. For one to be a Chairperson, you must have previously served as a committee member and exhibited some leadership qualities to lead the family. Names are put forward and members of the SPERA family are asked to vote for their leaders. As of this year, the SPERA family has changed its leadership four times. Great credit goes to the past and current leaders who include Mrs. Flavia Nyinomugisha Katungye, Mrs Olivia Bakora Chumo, Mrs Kanzomba Imelda Bwebare (Princess) and Mr Guma Javilla Barirema together with their committee members whose vision has transformed the SPERA family into a resilient family of believers. In 2025, a dedicated team of 17 members was elected to serve a two-year term, bringing fresh energy and vision to the family. This leadership transition underscores its commitment to servant leadership and family participation. The SPERA leadership also extends its gratitude to its members who have unceasingly supported the various activities and workplans. A special photo moment was captured for the new leaders as they embarked on this renewed mission in 2025.

Spiritual nourishment: Monthly Masses and celebrations

In line with the AMDA spiritual pillar, the SPERA family remains committed to nourishing the spiritual life of its members through the monthly Masses, which serve as sacred gatherings for prayer, reflection, and fellowship. For instance, during the year, 2025, nine out of eleven scheduled Masses were successfully celebrated, and more fellowship gatherings have been held in the first-half of this year, offering members a space to deepen their relationship with God and one another. While attendance varies throughout the fellowship programmes, the leadership continues encouraging its members to be active and be involved in the group's activities. The family also supports the wider AMDA movement by encouraging its members to embrace the AMDA pillars, joining the AMDA Bereavement Family, the AMDA SACCO and supporting various AMDA activities, such as, the monthly Masses, pilgrims to Kibeho and elsewhere, the Annual AMDA Caravan, and any other programmes and activities brought to the attention of the SPERA leadership.

Leadership and faith formation

On April 12, 2025, the new leadership team gathered for a spiritual retreat at Mary Reparatrix Retreat Centre. Under the guidance of Fr. George William Sentamu and Dr. Kiyingi Frank Pio, the retreat focused on "Calming and Coming Down as a Church Leader," inspired by Luke 19:1-10. Through prayer, reflection, and dialogue, the leaders renewed their commitment to humble, servant-hearted leadership—learning from the example of Zacchaeus to lead with compassion, humility, and openness to change.

Managing membership: Growth and reforms

In 2025, the leadership prioritized strengthening its membership

records by establishing a comprehensive database to improve communication and service delivery. Additionally, the leaders revised their policy on condolence contributions to encourage more members to join the AMDA Bereavement Family (ABF). Recognizing that many active members were already contributing to various social groups, the policy adjustment aimed to streamline support and foster a more sustainable system of care within the bigger AMDA family. In this journey, some challenges and lessons have been picked and these have enabled the group to remain focused, resilient and determined to achieve its aims of spreading the good news of our

“Blessed is the hand that gives, for it shall never be empty.”

Lord, Jesus Christ in our small Christian community.

Despite its steady progress, the family also faces some notable challenges of fluctuating Mass attendance, with some months experiencing lower participation in its activities, fragmentation due to the creation of new AMDA families, which impacted overall cohesion, and boundary issues related to the formal demarcation of new families, affecting clarity on membership. Growing the numbers by bringing all other members who are not yet part of the family remains our priority.

Looking ahead: Plans for 2026-2027

In line with the new AMDA regulations, the SPERA family leadership is composed of the main executive and other leaders who include the catechist, liturgy, leisure and social activities, family affairs, teens and children affairs, health, youth and environmental coordinators

and three other committee members, who previously served in different capacities. The family remains committed to building on its successes and lessons while pursuing its strategic plans for 2026-2027 which include: keep hosting Monthly Masses in members' homes every third Sunday from January to November, emphasising household evangelisation and family bonding and taking part in the Annual AMDA Mass held in December every year uniting the wider family in thanksgiving, and continue visiting to St. Padre Pio Kabulamulilo Parish: The SPERA family maintains the tradition of supporting St Padre Pio Parish in Kabulamulilo, Uganda, through annual contributions of at least one million shillings, especially during parish celebrations.

As we move forward, we count on all SPERA members for great years of progress, spiritual renewal, and strategic planning. Despite facing some challenges, the SPERA family remains resilient and committed to its mission. With clearer structures, revitalized leadership, and a shared vision, a family looks forward to a vibrant, united 2026—continuing its journey of faith, service, and family.

We wholeheartedly thank the AMDA Chaplaincy for the stewardship whenever called upon to celebrate and fellowship with us and for nourishing our souls and bodies with the word and the Holy Eucharistic. Last but not least, thank you all the SPERA members who generously contributed to make this great day a success. ***Blessed is the hand that gives, for it shall never be empty, Proverbs 11: 24-25.*** We wish you great and memorable celebrations!

The writer is the current Secretary General for St. Padre Pio Entebbe AMDA Family

Winning The AMDA Sacco Land Title was very Memorable



By Counsel

Owomugisha Adrine Lucky

I had been hearing about the AMDA SACCO but never taken keen interest in knowing about its benefits until one day, when I travelled with AMDA members to the funeral of my friend Hellen Atwongyeire's parent in 2022. Having been captivated by the jolly, cooperative and compassionate members with whom we travelled and spent time with at the funeral, I made up my mind that I must join AMDA and partake of these benefits. I had never seen a group so happy and warm together like AMDA.

Within a week, I had visited the SACCO offices at Buganda Rd and Ms Berna Abangira gave me the details of all I needed to be a full member of the SACCO. After learning the details of the benefits (the unity of members, the good interest rates and the dividends) I regretted why I wasn't a member all this while. The multiple small SACCOs I belonged to previously did not have all these attributes combined. Long live AMDA SACCO. I bought many shares because I needed to get the best rewards from my new membership.

The exciting highlight of my new SACCO membership was the raffle that was advertised

in early 2023. The possibility of winning a title of land (in Kampala) and other valuable items at first sounded too good to be true but knowing the credibility of our Catholic institutions, I knew it could not be a lie. If I didn't win the title, I was sure to win something else from among the other listed items. It was not because I couldn't afford buying myself some of these items, but you know how sweet it feels when you win something or when you get a gift. It feels very sweet indeed. **Ekirabo n'ekirabo**, when you get it especially at less than even a third of its purchase price.

As they say, the rest is history. I won the land title. The joy, **wullaalaaaaa**. I couldn't believe it when I got tens of calls from friends who attended the AMDA @ 10 Celebrations at Emperor Heights, Entebbe on 30th September 2023. I was on my way from the field in Northern Uganda. I still keep my land and I know soon, I will develop it. If I

"Why would I be borrowing from other financial institutions when my AMDA SACCO is here?"

were to liquidate it today, after these three years, I would get lots of money from it. But I won't sell it because it is a very memorable reminder of the benefits I have got from the SACCO.

Other than this great achievement, I have enjoyed accessing credit from the SACCO, in a timely manner at good rates. Knowing that I partake of the dividends from the loan interests makes very happy. This money has helped me to enhance my importation business of Kwetu Unisex Salon (Namugongo Opposite the Shrine) and Kwetu Beddings (online). Please, reach me on 0774913333 and support a fellow AMDA SACCO member. The quality of my products has definitely improved since I have financial backing when ever I need it. Why would I be borrowing from other financial institutions when my AMDA SACCO is here?

My appeal to all fellow SACCO members is to always pay back when ever they borrow so that our money keeps growing for even greater dividends than the 15 percent we got recently. I like it that the staff keep sending timely reminders when ever instalments are due, and so, **tihariho rwekwaso**. Hearing about some people who default on their payments doesn't make me happy. Paying debts is our Christian obligation and we need to dedicatedly be compliant. This is our money and we need to jealously protect it.

Fellow AMDA members who haven't joined the SACCO, please, come this way. The more we are, the merrier it shall be. Very soon I will open accounts for all my family members.

Long live AMDA SACCO,
Long Live AMDA.

AMDA Marrieds Dinner 2026

Dear Brother and Sisters, I welcome you from the marrieds dinner which took place on 20th June 2026 at Forest cottages Bukoto. The dinner theme was crafted based on faith where every man and woman stepped out to share love. One had a clear picture and thought of the kind of family they intended to build and this was faith. They had faith that tomorrow would be better, and I'm sure every married person experienced that strange feeling filled with desire to have a loved one by their side for a life time. From the love stories shared, it was evident that everyone was filled with a force of love that was irresistible and could move a mountain, perhaps it's the momentum that was generated until this day sustaining our marriages.

Every story shared was different but strikingly had the same ending, accepting to marry each other! It was clear manifestation that every marriage is unique but shared the same denominator as LOVE. It turned out true that everybody put in effort to share their love and perhaps it's that effort that has brought us to celebrate this marrieds dinner. I call upon those that missed, to take part in the upcoming marrieds programmes to further enrich ourselves as we navigate the challenges and opportunities in marriage.

The dinner was not merely winning and dining, we received words of wisdom, encouragement and caution from our seniors in marriage. It's through the sharing of these experiences that the young learnt from. Mr Chris Byaruhanga and wife Lady Justice Immaculate, spoke passionately about managing finances. Mr Byaruhanga is a retired banker and Lady Justice Immaculate works at high court of Uganda, family division. They informed members that, most families have



Theme:
**Where it
all began.**



failed to manage finances and is the number one cause of family instability that have resulted into divorces or are having running court cases. They implored couples to navigate ways of managing finances through joint investment, operating joint account, open communication of singular investments but however suggested that one should understand their spouse very well before making such decisions. He further shared that all the construction projects they undertake, it was his wife that executes all the tasks because he realized that his wife was good at managing finances, recruiting workforce and record keeping. He cautioned that, what works in their marriage may not

work in another. He went on to say that some spouses have been left disappointed by over trusting another.

In attendance at the dinner was Justice Eudes Keitirima and his wife Lydia. Justice Eudes, works at the high court of Uganda, Family division. He informed the gathering that statistically, 90% of the court cases are attributed to men! He noted that men are duty bound to change this trend that is increasingly eating away core family values and function. He encouraged men to show presence in family matters, avoid pretence and to positively exploit the potential of their wives. He acknowledged that his wife literally does most of the tasks at their home, but remains

at the centre and is involved. He called on men to trust their wives, accord them assistance for continuity of one's legacy.

The event was more than a dinner! It was a reminder of Gods beautiful purpose of marriage, we left encouraged, refreshed, and inspired to love each other more deeply and to build a Christ centered home. Justice Eudes Keitirima, was kind enough to share a prayer which he recites at his home and implored husbands and wives to say this prayer at all times and below it reads; "Keep us, Lord from pettiness. Let us be thoughtful in word and deed. Help us to put away pretence and face each other in deep trust without fear or self pity. Let us be done with faultfinding and be quick to discover the best in every situation. Guard us from ill temper and hasty judgement. Encourage us to take time for all things grow calm, serene, and gentle. Help us to be swift with kind words. Teach us never to ignore, never hurt, never to take each other for granted. Engrave charity and compassion in our hearts. Oh, Mary conceive without original sin. Pray for us. Amen"

In attendance was, an exemplary and the most senior couple at the dinner and AMDA fraternity at large. The key to success of our marriage was because (Chief), Mr. Ndyagambaki gave me liberty, freedom and empowerment to fully exploit my potential, said Schola Ndyagambaki. He has remained my constant support system by controlling the high speed I want to pursue some goals she added. She acknowledged that this control has helped them avoid possible dangers she would have encountered, had it not been this control. I attended her 70th birthday celebration where she said that, their success is also based on the complementary role each one plays, and gave an example that most of the projects they undertake, she crafts the ideas and then Chief comes in to execute. This maintains the function of

division of labour and minimizes conflicts at work!

Commentary and reaction from dinner attendees:

"Thank you so much AMDA Marrieds council leadership for a wonderful inaugural Marrieds dinner. It was beautiful! May God bless your efforts and sustain our marriages", Anthony and Shallon Rucukye

"We make personal commitment that the lessons and inspiration we received will not end with the event. By Gods grace, we shall become a better version of our marriage, continue growing in love, unity, and strive to be an inspiration and blessing to other couples", Grasiano and Brenda Nyehangane.

"Thank you for being together and loving each other. It was a great evening though short. We enjoyed everything and may God richly bless the organizers and contributors", Emmanuel and Stella Mbarebaki.

"Every time I think about Saturday, I smile ear to ear. The stories of how it began are so interesting. Indeed like chair said, every story is unique but the common denominator is LOVE" Anthony and Shallon Rucukye.

"It was our maiden marrieds event to attend, and we had a good time. Looking forward to the next event. Aha programme eya next mugitemu dance. To some couples, the red carpet was not enough" Henry and Linda Muhangi.

"Haza nyowe, I have already forgotten how nice the dinner was. I want someone to tell me the date of the next event so that I can begin counting down", Denis and Josephine Ahimbisibwe.

Batahi bangye mukurikye Bukoto. Mwebare kuhayo obwire, esente, and mostly the priceless sharing of your fond memories", Francis and Ophelia Atweeta.

Next time the red carpet should be longer. I was starting to our song mpurira MC at DJ DJ.."

Charles and Maureen Bigirwa.

"Mukurikye yesterday, and iam glad to let you know how massive and educative this session was. Proud to associate with everyone and nitutamburiraho" Benjamin and Julian Asimirwe.

"Amazina gakansigaramu. The next dinner should come quickly. It was an evening well spent", Nazarius and Schola Ndyagambaki.

The dinner success story was preceded by a successful Palm Sunday animation where AMDA marrieds cheerfully participated and supported. We raised UGX 55,747,000 towards construction of our AMDA Rubaga home. I remain grateful to everyone who contributed and sponsored the two marrieds council programmes we have run this year. Special appreciation goes to the selfless and kind hearted people who sponsored others to attend the dinner when they were not able to make it. I pray that the Lord rewards you abundantly and multiplies every seed you have sowed. We look forward to registering more successes together and we will count on you always.

My appreciation goes to the marrieds council members, those I personally contacted, not forgetting my dear wife for the outstanding dedication, sacrificing their time and resources to make the event a success in a bid to strengthen our marriages. May God richly bless you.

I thank Fr. Aiden Kasujja from HOIDERA who graciously blessed the dinner when our beloved Chaplain Fr. Darius Magunda was not able to make it.

Denis Matsiko

ChairPerson, AMDA Marrieds Council.

AMDA **Franciscan Jubilee** Year Pilgrimage to Uganda Martyrs Shrine, Munyonyo



Scripture is a guide for daily Christian living. Participants were also challenged to reflect on their willingness to make sacrifices for Christ, just as the saints and martyrs did. Another important lesson was the call to choose love over hatred. St. Francis taught that every action plants a seed, and Christians should strive to spread peace, joy, forgiveness, and love wherever they go. Members were encouraged to follow the example of the saints by living good and faithful lives that inspire others.

The pilgrimage concluded with Eucharistic Adoration, a solemn Holy Mass, and a guided tour of the Martyrs' Shrine and historical sites. This gave participants a deeper appreciation of the faith, courage, and sacrifice of the Uganda Martyrs.

We extend our sincere gratitude to the AMDA Spiritual Development Team for organizing this spiritually enriching pilgrimage. We also thank all AMDA members who attended and actively participated in the day's activities. Special appreciation goes to those who came with their children, helping to pass on the values of faith and the Franciscan spirit to the next generation. May the lessons learned during this pilgrimage continue to inspire us as we walk faithfully in the footsteps of Christ, St. Francis, and the Uganda Martyrs.

Phemia Ampaire

Member, AMDA Spiritual Development Team

On Heroes Day, 9th June 2026, over 100 AMDA members gathered at the Uganda Martyrs Shrine, Munyonyo, for a half-day pilgrimage organized by the AMDA Spiritual Development Team. The pilgrimage was held under the theme, ***“Walking with St. Francis in the Footsteps of the Martyrs.”*** It provided members with an opportunity for prayer, reflection, spiritual renewal, and fellowship during this Franciscan Jubilee Year. It was also an opportunity for the faithful to obtain the plenary indulgences granted to those who visit Franciscan shrines, churches, or sites that hold relics of St. Francis of Assisi. The day began with the Holy Rosary, followed by a lively prayer and praise session,

“Walking with St. Francis in the Footsteps of the Martyrs.”

as well as the Sacrament of Reconciliation. Pilgrims then listened to an inspiring reflection on the life and spirituality of St. Francis of Assisi, whose example continues to guide Christians today. During the reflection, members were encouraged to remain strong in their faith, following St. Francis' example of complete trust in God and commitment to Christ. The importance of reading and living by the Word of God was emphasized, reminding everyone that

Preparations for **AMDA Caravan 2026** to Nyabwina Gain Momentum



Preparations for the AMDA Caravan 2026 are gathering pace, with the Association stepping up resource mobilization and strategic partnerships ahead of the annual outreach scheduled for 4–6 September 2026 in Nyabwina Parish, Sheema District. As part of these efforts, members of the AMDA Executive Committee, together with representatives from the Health Council and Nyabwina Parish, met with the In-Charge of Joint Health Services of the Uganda People's Defence Forces (UPDF) on 22 June to discuss collaboration and support for the upcoming Caravan.

During the meeting, AMDA expressed appreciation for its longstanding partnership with the UPDF, commending the Force for its continued commitment to community service. The UPDF has previously supported AMDA medical camps by providing specialist ophthalmology and laboratory services.

The In-Charge of Joint Health Services welcomed the partnership, noting that the UPDF regularly works with the Church and other institutions to

improve community well-being. He emphasized that supporting civilian communities is part of the UPDF's mandate and pledged full support for the 2026 Caravan through the appropriate official channels.

Discussions focused on strengthening collaboration in key areas of healthcare, including ophthalmology, laboratory and dental services, general medical consultations and treatment, as well as the provision of medicines from the Government's essential drugs list.

Following the meeting, the delegation toured the state-of-the-art UPDF hospital currently under construction. The In-Charge explained that while the

“Since its inception in 2013, the Caravan has reached 28 parishes across Uganda, serving an average of 6,000 beneficiaries annually.”

facility presently serves uniformed personnel and their families, it will be opened to the general public upon completion.

The AMDA Caravan is the Association's flagship annual community outreach programme aimed at giving back to communities through integrated social, health and development interventions. Built around AMDA's seven pillars—Unity, Spiritual Development, Leadership Development, Economic Empowerment, Educational Development, Health and Wellness, and Environmental Sustainability—the three-day programme combines medical services with community empowerment and parish-level engagement.

Since its inception in 2013, the Caravan has reached 28 parishes across Uganda, serving an average of 6,000 beneficiaries annually.

This year's Caravan is expected to attract more than 10,000 participants. In addition to the flagship medical camp, the programme will support the construction of a dormitory, computer laboratory and library at St. Thomas Senior Secondary School, addressing critical infrastructure needs at the institution.

The medical camp will provide free healthcare services, including general medical consultations and treatment, cancer screening in partnership with the Uganda Cancer Institute, cleft lip and palate surgeries, cataract surgeries, dental care, screening for non-communicable diseases, and public health education.

The 2026 AMDA Caravan has an estimated budget of UGX 672,990,000, with resource mobilization efforts continuing to ensure the successful delivery of this year's programme.

The Making of a Responsible Man in Today's Society



On Saturday 23 May 2026, the AMDA Youth Gentlemen gathered at Spring Place in Bukoto for ekigaaniro under the theme, “the making of a responsible man in today’s society.” The guest speaker, Mr Hilary Bainemigisha, Dr Love, challenged the participants not to settle for noise, image or excuses, but to become men whose lives can be trusted. One of the points was that “responsibility begins within”. A responsible man must be accountable, dutiful, dependable, rational, trustworthy and emotionally intelligent. Many people want influence before discipline, authority before humility and leadership before self-control. A memorable image from the talk was the idea that strong growth must be gradual, like roots first and fruits later. The speaker called this gravitropism: go deep before you stretch wide. Too many young people are pressured to display success before building capacity.

Readiness matters. Competence matters. Networks matter. Daily learning matters. “Opportunity is attached to readiness.” The Guest speaker noted. Another part of the message was the call to work hard and become prosperous through honest means. The speaker urged the youth to save, invest, resist consumerism, spend strategically and build passive income streams. He warned against dependency, disorder and short-sightedness. “Money cannot save the soul, but lack of financial discipline can wound a family, limit education, delay treatment, weaken dignity and make good intentions difficult to sustain,” he noted. “Are you a product people will stop to look at?” the speaker asked. It is a question about credibility. Are our lives orderly? Is our speech respectful? Is our appearance clean? Are we punctual, teachable, competent and decent? Mr. Bainemigisha encouraged the youth gentlemen to embrace

marriage but most importantly to prepare themselves for it. “A young man who is serious about the future of marriage must first be serious about becoming the kind of man a wife can trust and children can safely imitate.” He said. He made the call to participants to honour their roots and heritage. “Connect your parents to your grandparents, connect your children to your parents. Learn and speak your language, teach it to your children,” he advised. As participants that day, we carried these lessons into our homes and daily struggles, shaping a manhood of stewardship, hinged on three strong non-negotiables; Catholic faith, cultural rootedness and practical adulthood.



Kansime
Onesmus,
**Chairperson,
AMDA Youth**

AMDA Youth Picnic 2026 – Picnic Y'okwegaruza Butsya.

**Ubi caritas et amor, Deus ibi est.
(Where charity and love are,
there God is.)**

**I greet you all nti “TURI BAMWE,
Omuri Kristo... Kandi Mukama
waitu Yezu nabakunda.”**

It was goodness throughout. On 20th–21st June 2026, ENSI YOONA ya 70+ AMDA YOUTH was at Molex Resort, Jinja, on the Nile Shores for their annual picnic.

A variety of activities were lined up throughout the day and night. A delicious assortment of homemade and store-bought treats was shared and enjoyed by every attendee. “A family that eats together stays together.” We also prayed together. Our days started and ended with the Holy Rosary.

Attendees participated in indoor games and sports such as riverside football, volleyball, swimming, Ludo, Chess, Cards, among others. We also enjoyed amenities such as a boat cruise, bungee jumping, tubing, among others. Overnight, we gathered for a campfire session during which all the attendees made self-introductions, shared life experiences, especially those engaged in businesses and the creative industry and told stories. We cut cake and celebrated May and June Babies.

The Chairperson of AMDA Youth, Mr. Onesmus Kansime, who was also the Chief Guest, encouraged attendees to be active in AMDA activities such as the AMDA Mass, AMDA Families' activities, this year's Caravan Run, and the AMDA Caravan. He challenged all the attendees to join the AMDA SACCO and ABF immediately. The picnic was a success. Manya tukadigida, twamanyana, kandi twarugayo nomujinya gw'okuba aba-kristo barungyi namunonga ahabwekiganiiro kitwagizire aha

camp fire. Shana tugarukeyo. I thank the AMDA Youth Events Sub-Committee, the AMDA Youth Executive Committee, the youth who attended, the youth who contributed to the picnic but may not have attended, the AMDA Youth members who were service providers (many a itwe twine principle yokuhagyira abantu baitu nka aba photography, catering, transport etc), the parents who accepted their sons and daughters to be with us (we all asked for permission from our parents, guardians, employers, spouses etc. It is a good thing.), and all those who were with us in spirit. Our next destination is the AMDA Caravan Run and the AMDA

Caravan to Nyabwina. We shall come in big numbers. We shall also continue to be very active in AMDA activities.

Ad maiorem Dei gloriam. (For the greater glory of God.)

**Byahandikwa
Nyooowe ENTUMWA
BADIIZO Paul Ashaba**
The PICNIC Organizing
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Faith in Action: Fostering Values-Based Leadership and Community Development



On the evening of Thursday, 18 June 2026, members of the AMDA Leadership Council (ALC) gathered at Hotel Africana, Kampala, for an engaging dialogue under the theme “Fostering Courage, Dialogue and Unity.” The event, held in the spirit of reflection and community engagement, brought together leaders from diverse professional, civic, and public service backgrounds to discuss the role of values-based leadership in national development.

In his opening remarks, the Chairperson of the AMDA Leadership Council, Mr. Fredrick Musiimenta, emphasized the importance of sustained dialogue as a platform for strengthening leadership, promoting unity, and encouraging active citizenship. He noted that such engagements provide opportunities for members to reflect on how they can contribute positively to their communities and the nation.

The Vice Chairperson, Mrs. Catherine Behangana Tumusiime, congratulated all individuals who offered themselves for leadership and public service during the recent electoral period. She observed that leadership requires courage, commitment, and a willingness to serve others,

regardless of the outcome of any contest.

A central discussion of the evening focused on the relationship between faith, personal values, and leadership. Participants explored how individuals can remain grounded in ethical principles while contributing to public life and community development. The dialogue underscored the importance of integrity, accountability, compassion, and service as essential qualities of effective leadership.

Several speakers highlighted the need for citizens to remain actively engaged in matters that affect their communities. The discussion emphasized constructive participation in development initiatives, civic processes, and community problem-solving as important avenues through which individuals can contribute to national progress.

Economic empowerment also emerged as a key theme. Participants noted that strong and resilient communities are built on productive households, access to opportunities, financial literacy, entrepreneurship, and investments in education. It was observed that empowering families and communities

economically enhances their capacity to participate meaningfully in social and civic life.

The meeting also received updates on initiatives such as the Archdiocese of Mbarara Development Foundation (AMDEF) and the Archdiocese of Mbarara Community SACCO (AMCOS), which seek to support community development, financial inclusion, and household resilience. Members were encouraged to support development initiatives within their local communities and parishes as a practical expression of service and solidarity.

Throughout the discussions, participants repeatedly emphasized the importance of unity, dialogue, and mutual respect. They observed that sustainable development is best achieved when communities work together across different backgrounds and perspectives while focusing on shared aspirations and common good.

As the meeting concluded, members reaffirmed their commitment to promoting responsible leadership, youth mentorship, community empowerment, and constructive dialogue. There was broad agreement that continued engagement and collaboration will strengthen the capacity of communities to address challenges and seize opportunities for development.

The gathering ended with a renewed sense of purpose and a commitment to continue fostering courage, dialogue, and unity in service of both community and nation.

By Justus Amanya

Member, AMDA
Leadership Council

A Gentle Giant Rested: In Loving Memory of Angella Kabagambe Hakiz

On Wednesday 17, 2026, we received the devastating news that God has called back to Himself our Angella Kabagambe Hakiza.

As we struggle to comprehend such news, we stand with hearts that are both broken and grateful—broken by the loss of one taken from us far too soon, and grateful for the gift of a life that was lived with such purpose, generosity, and faith.

There are some people whose greatness is not measured by the spotlight they command, but by the sacrifices they quietly make. She was one of those people. Angella possessed the talent, presence, and ability to pursue a successful career as a television celebrity. As TV West host years ago, the path was wide open right in front of her. Yet when life presented her with a choice, she chose what she valued most. She chose to be a wife. She chose to be a mother. She chose family over fame. In a world that often celebrates personal ambition, she demonstrated the greater courage of self-giving love.

Her devotion to others extended far beyond her home. As a member of the Media Council of the Archdiocese of Mbarara Development Association (AMDA), she worked tirelessly behind the scenes, often without recognition, to ensure that the message and mission reached others. She ran the publicity of the AMDA Caravan to Nyamitanga (her home parish) with extraordinary dedication—conducting interviews, booking media appointments, editing articles, and ensuring that every detail was attended to with excellence. Much of what was accomplished through that ministry bore the imprint of

her quiet labour.

We have seen her as host of the Faith-In-Action program at UCTV, which she started hosting in a bid to popularise the AMDA Caravan to Nyamitanga. Through her persistence, commitment, and belief in its purpose, the program has become a mainstay—a platform that inspired, informed,



and connected people through stories of faith lived out in everyday life. She invested her own resources, her time, and her energy because she believed that faith was not merely something to be spoken about, but something to be lived.

Above all, she was a woman whose life reflected her priorities. The last time she hosted me on UCTV, in January this year, we spent time discussing the challenge of finding balance among life's many demands. Our conversation centred on the order of priorities that give meaning and direction to life: 1) God, the source and center of all life; 2) Family and Vocation; 3) Work as a participation in God's creation; 4) Service and Community; and finally, 5) Rest and Renewal.

As I reflect on that conversation today, I realize that she embodied those priorities in a remarkable way.

She loved God and sought to serve Him faithfully.

She embraced her vocation as wife and mother with devotion and sacrifice.

She approached her work with creativity, diligence, and excellence.

She gave herself generously to service and community, touching countless lives through her ministry, friendship, and hospitality.

The first four priorities she fulfilled with distinction.

Now, God has called her to the fifth: eternal rest.

Her departure at such a young age leaves questions that we cannot answer and a sorrow that words cannot fully express. We mourn the years that seem unfinished, the dreams left unrealized, and the moments her family and friends hoped to share with her in the future.

Yet as people of faith, we also hold fast to hope.

The poet John Donne, in his famous sonnet *Death Be Not Proud*, challenges death's apparent victory. He reminds us that death is neither ultimate nor all-powerful.

His triumphant final words ring especially true today: "Death, thou shalt die!"

For those who belong to God, death is not the end of life but its transformation. As the Church reminds us, life has not ended; it has changed.

We entrust our beloved friend to the God whom she loved and served. We believe that the One who called her into life has now called her home. The work of this earthly pilgrimage is complete. The race has been run.

Rest well, my friend. May perpetual light shine upon you, and may you rest in the eternal peace and presence of the Lord.

By Anthony Rucukye

Pictorial



AMDA
Marrieds



AMDA
Youth
Picnic
2026 -



AMDA
Meets
UPDF Over
Medical
Camp



MAY MASS PICTORIAL



AMDA Youth Kiganiro



AMDA Leadership Kiganiro



Spiritual Council Pilgrimage



HALF-YEAR PLANNER - 2026

DATES	JULY	AUGUST	SEPT	DATES	OCT	NOVEMBER	DECEMBER
1	Wednesday	Saturday	Tuesday	1	Thursday	Sunday: AMDA Youth visit to farm or industry	Tuesday
2	Thursday	Sunday	Wednesday	2	Friday	Monday	Wednesday
3	Friday	Monday	Thursday	3	Saturday	Tuesday	Thursday
4	Saturday	Tuesday	Friday: AMDA Caravan to Nyabwina	4	Sunday	Wednesday	Friday
5	Sunday	Wednesday	Saturday: AMDA Caravan to Nyabwina	5	Monday	Thursday	Saturday:
6	Monday	Thursday	Sunday: AMDA Caravan to Nyabwina	6	Tuesday	Friday	Sunday: Advent Recollection
7	Tuesday	Friday	Monday	7	Wednesday: Online Marrieds Discussion	Saturday: AMDA 3 Meet And Greet	Monday
8	Wednesday	Saturday: AMDA Women Quartely Meeting	Tuesday	8	Thursday	Sunday	Tuesday
9	Thursday	Sunday: AMDA Caravan Run	Wednesday	9	Friday: AMDA 4 Outing	Monday Mass-All Souls Day	Wednesday
10	Friday	Monday	Thursday	10	Saturday	Tuesday	Thursday
11	Saturday	Tuesday	Friday	11	Sunday	Wednesday: Online Marrieds Discussion	Friday: AMDA Children Camp
12	Sunday	Wednesday	Saturday	12	Monday	Thursday	Saturday: AMDA Children Camp
13	Monday	Thursday	Sunday	13	Tuesday	Friday: Caravan Partners Appreciation	Sunday: AMDA End of Year Party Organised By AMDA Women
14	Tuesday	Friday	Monday	14	Wednesday	Saturday	Monday
15	Wednesday Online Marrieds Discussion	Saturday	Tuesday	15	Thursday: Leaders Kiganiro & EOY Party	Sunday	Tuesday
16	Thursday	Sunday: AMDA Choir Concert	Wednesday	16	Friday	Monday	Wednesday
17	Friday	Monday	Thursday	17	Saturday	Tuesday	Thursday
18	Saturday: Webinar on Health	Tuesday	Friday	18	Sunday: AMDA Youth Outing	Wednesday	Friday
19	Sunday	Wednesday	Saturday	19	Monday	Thursday	Saturday
20	Monday	Thursday	Sunday	20	Tuesday	Friday	Sunday
21	Tuesday	Friday	Monday	21	Wednesday	Saturday: AMDA Youth End of Year Party	Monday
22	Wednesday	Saturday	Tuesday	22	Thursday	Sunday	Tuesday
23	Thursday	Sunday	Wednesday	23	Friday	Monday	Wednesday
24	Friday	Monday	Thursday	24	Saturday	Tuesday	Thursday
25	Saturday	Tuesday	Friday	25	Sunday: AMDA Mass Animated By Ngarama Parish	Wednesday	Friday Christmas Day
26	Sunday: AMDA Mass Animated By Ryakahimbi Parish	Wednesday	Saturday	26	Monday	Thursday	Saturday
27	Monday	Thursday	Sunday: AMDA Mass Animated By Kashorero Parish	27	Tuesday	Friday	Sunday
28	Tuesday	Friday	Monday	28	Wednesday	Saturday	Monday
29	Wednesday	Saturday	Tuesday	29	Thursday	Sunday: AMDA Mass Animated By Nyabuhikye Parish	Tuesday
30	Thursday: Leaders Kiganiro	Sunday: AMDA Mass Animated By Kitura Parish	Wednesday	30	Friday	Monday	Wednesday
31	Friday	Monday		31	Saturday: AMDA Women End Of Year Party		Thursday