

AMDA Children and Teens Council Jan 25, 2026

AMDA *Bulletin*



Archdiocese of Mbarara Development Association (**AMDA**) Monthly publication



THE CHILDREN AND TEENS MINISTRY IN 2025: NURTURING FAITH, CONFIDENCE AND LEADERSHIP

■ **A Transformative Experience at AMDA..P.12**

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EDITOR'S NOTE



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Happy New Year!
Welcome to our first monthly Mass
of the year 2026!

This month, we are especially blessed to have our Mass animated by the Children and Teen Council. Their joyful participation reminds us that the Church is both present and future, alive in the energy, innocence, and growing faith of our young people. In their voices, songs, and reflections, we see a living testimony of God's promise: "Let the little children come to me." Their involvement challenges us, as adults, to nurture, guide, and walk alongside them in faith and action. This month's bulletin captures the spirit of our journey of faith, opening the year with a message from our AMDA Chairperson and a reflection on the spiritual guidance of our AMDA Chaplain. Most importantly, we hear from our children, offering simple yet profound insights that remind us that wisdom often speaks softly, through sincerity and truth. In this issue, we have included Order of Mass and hymns, guiding us through today's liturgy and more about the children and teens ministry. You will also find a pictorial reflection from our end-of-year celebration.

Blessed be the beginning of this year
and the work of our hands.
Happy Sunday!
Agatha Ayebazibwe Siima.

Agatha A. Siima

**Chairperson, AMDA Media
& Communications Council**



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CHAPLAIN'S REFLECTIONS

**Sande ya 3 Omu mwaka gw'Ekereziya, 25.01.2026 A
Kristo Kyererezi, Nshuro y'Obumwe bwaitu!
Isaaya 8:23-9:3; 1Abakorinto 1:10-13,17; Matayo 4:12-23**

Bene Taata omuri Kristo, nimbaakiira omu Missa yaitu y'okubanza omumwaka gwa 2026! Mutabaarukye oguhwaire, kandi n'ebiro bikuru, namunonga eky'okuzarwa kw'Omujuni!

Egi ni Sande ya kashatu omu mwaka gw'Ekereziya omu bwire bwa burijjo oburikutwijusya amatsiko (hope); n'erangi ya rubabi (green) eyi turikujwara omu bwire obu nikyo erikumanyisa. Sande y'erizoooba netumurikira Kristo nk'omushana kandi enshuro y'ekyererezi. Ngu "abantu abaabaire batuura omu mwirima, baakiirwe omushana mwingi; n'abaabaire batwire omu nsi y'ekibunda kya rufu, omushana gubajwereire."

Ekyererezi kya Kristo nikibinga omwirima gw'ekibi n'okwebaganisamu omubaikiriza. Kristo narangirira ati "mwegarukyemu, ahabw'okuba obukama bw'Ow'omu iguru buri haihi." Manya Kristo akaizira boona atarikubaganisamu. Nikyo yashariiremu obutatandikira obutumwa bwe omunsi ya Buyudaya (ey'abayudaaya bonka) akatandikira omuri Galilaaya (ensi eyabaire erimu abantu b'emiringo yoon). Na Paulo Entumwa nikyo arikuteisiza abakorinto okuteebaganisamu. Manya bamwe omuribo bakaba nibakuratira abantu, batarikukuratira Kristo. Bamwe bakaba nibeyeta aba Paulo, abandi bari aba Apolo, abandi aba Keefa, n'abandi ngu n'aba Kristo. Haza naitwe nitubaasa kugwa omu kabi ako twaba, omuri byona, tutasherwire Kristo. Nobaasa kushanga hariho abarikushoma "ediini" eya Munsinyoori nanka, ninga Faaza nanka, n'abandi baheereza ba Mukama, haza bakeebwa ngu



abo boona n'entumwa za Kristo, kandi tibarikurangirira kindi kwihaho Kristo wenka. Nangwa n'abebembezi nabo nibabaasa kutaishuka aha "muramwa" gwabo batandikye kweyeterera abaikiriza omw'iziina ryabo (personality cult).

Aha Sande egi Mukama natweta kuba bamwe, tukashutama hamwe aha meeza ye, tukahurikiza Ekigambo kye, kandi tukabagana n'ahakiihuro kimwe. Nitwetwa kurangirira n'okujurira Obukama bwe, tutaine kushooro n'okugayana, kandi tutarikwetunguura. Itwe nk'abaikiriza b'eiware rya Mbarara (AMDA Community) nitwebembeza Obumwe nk'emwe omu nyomyo zaitu. Nitwetwa kugaita engabirano zaitu hamwe tukombeka ekigombe kyaitu kandi tukombekana. Ogu omwaka nitubateerera omuranga okwirukirira enju yaitu egi eya Rubaga na progyekiti zaitu nka: AMDA Biika Oguze (AMDA SACCO), AMDA Bereavement Fund (ABF), AMDA Caravan, Medical Camp, n'ezindi. Omu kuheereza Ruhanga na bataahi baitu, nimwe turikutungira emigisha eyongyereirwe aha ndiijo. Nitwetwa kukuza obumwe bwaitu omu bigombe byaitu bitari bimwe: nk'emigongo, WhatsApp Family Groups, Eminyeeto, Abaana, Teens, Abashaija, Abakazi, Abafumbo,

Abeshongozi, n'obukiiko bw'okwombeka enyomyo zaitu mushanju. Nitwetwa kwegaruzza busya omu diini, turikwakiira enteekateeka zitari zimwe na zimwe nk'okwejumbira omu Missa zaitu za buri kwezi aha ndengo zoon, ensiriko, okuramaga, okushoma esapuri, novena, omuhanda gw'omusharaba, n'okwejumbira okutunga amasakaramentu na munonga erya Ukaristiya na Penetensiya.

Reeba turiyo nituruga omu buruuru bw'okutoorana abebembezi; reka tugaruzeho obumwe bwaitu, turekye kwebaganisamu n'okugirirana enziika. Nitwetwa okugumizamu niturangirira obumwe, oburingaaniza, obusingye, rukundo, okusaasirana, n'okutamu ekitiinwa obugabe bw'abantu. Omuri ebyo, twecumintirize ebi Ruhanga arikuturagiira kandi tumushabe okuhindura emitima yaitu n'ey'abebembezi baitu, okwombeka eihanga eririmu obuteeka.

Mutaahi wangye, noyetwa kuba orumuri rwa Kristo! Kongyeeza etaara yawe aha rumuri rwa Kristo, ekyererezi kye kyaakire omuriwe! Oyetantare okuheereza abantu nyabuntu, kureka okwebembeza Ruhanga; otakaasherura ekitiinwa ekyawe nk'omuntu, oketunguura, okwebwa ngu Ekitinwa n'ekya Mukama! Nimbatengyera omwaka gw'obusingye, eihoreere, n'entunguuka!

Mukama agume naimwe!

Fr. Darius Magunda.

AMDA Chaplain

MESSAGE BY AMDA CHAIRPERSON

Dear People of God,

I greet you in the name of our Lord Jesus Christ.

 In behalf of the AMDA Executive Committee and on my own behalf, I warmly welcome you to our first monthly Mass of 2026. Happy New Year, and may God grant us abundant blessings in the year ahead.

First, I take this opportunity to sincerely thank the Children's Ministry for animating today's Mass. Whenever I see children actively participating in AMDA and other Church activities, I am filled with great joy and hope. Children are not only the Church of tomorrow; they are an important part of the Church today. Their involvement helps them grow in faith, discipline, and a strong sense of belonging to the Church. By nurturing them early in Church life, we are shaping responsible Christians and future leaders who will uphold our values. In this way, the active participation of children assures us of continuity and secures the future of AMDA and the Church as a whole.

I also extend our heartfelt gratitude to our main celebrant, Rev. Fr. Kamukama Ceaser, for traveling from the Archdiocese to be with us today and for sharing such a rich and inspiring homily.

On 15th January, Ugandans went to the polls to elect national leaders, and on 22nd January, another set of leaders was elected. I congratulate all the

winners and thank everyone who participated in the electoral process. To those who were not successful, there is always another opportunity next time.

I am pleased to inform you that AMDA, in consultation with leaders of the different segments, has completed the 2026 annual planner covering activities under the seven pillars. The final activity plan is enclosed and will also be shared

with you through all available communication platforms.

Next month, we shall conduct a pre-caravan visit to Nyabwina Parish to engage with parish stakeholders and identify concrete needs that the next caravan should address.

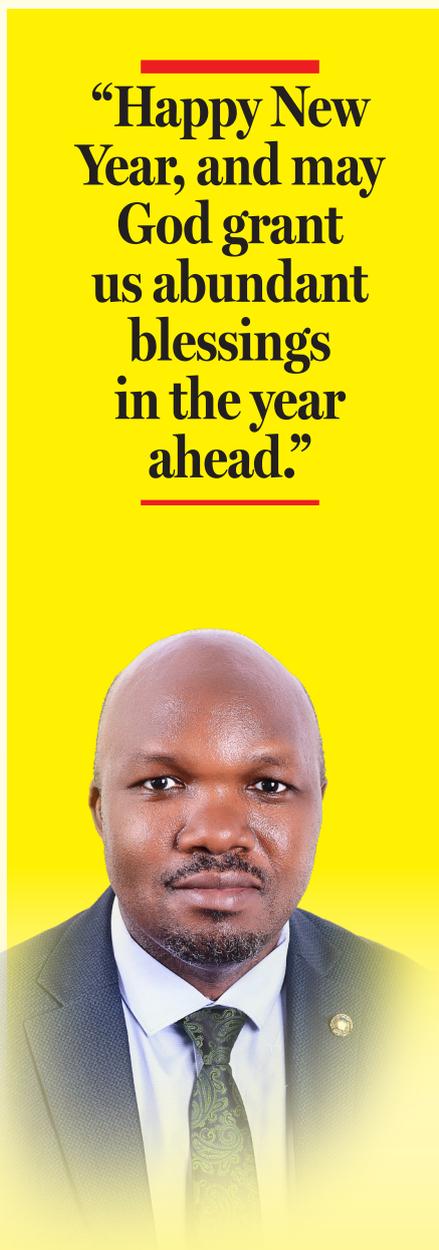
■ **Parishes wishing to host the 2027 caravan are requested to submit their applications to the Secretariat by 31st March 2026.**

As you make your individual resolutions for this year, I encourage you to consider the following:

- Praying with us every last Sunday of the month.
- Joining the AMDA SACCO, purchasing more shares, or taking loans and paying on time, so that our dream of forming an AMDA Bank can be realized sooner.
- Becoming an active member of the AMDA Bereavement Fund (ABF).
- Actively participating in the activities of all councils, including your AMDA small Christian communities (emigongo).
- Register to identify yourself as an AMDA Member on the link that will be shared on All the platforms and commit to support AMDA activities.

I wish you a blessed Sunday and a prosperous month ahead.


AMDA Chairman



MESSAGE FROM THE CHAIRPERSON, CHILDREN AND TEENS COUNCIL



extend my warm greetings to the entire AMDA family. On behalf of the Children and Teens Council, I sincerely thank you for your continued prayers, support, and commitment to nurturing our children and teens in faith, discipline, and service to God.

Our children are a precious gift from God and the future of our Church. As a council, we remain committed to guiding them spiritually, morally, and socially, so that they may grow to love God, serve the Church, and live according to Christian values. I kindly call upon parents and

guardians to continue walking closely with us as we mentor our children and teens, and to encourage them to participate actively in church programs and activities. Together, with God's grace, we can raise a generation firmly rooted in faith and good character.

May the Lord abundantly bless our children, teens, families, and the entire AMDA family.

Yours in Christ,
Caroline Batamba Kagwire
Chairperson, Children
and Teens Council

Caroline Batamba Kagwire
**Chairperson, Children
and Teens Council**

**As a council,
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to Christian
values.”**

A death announcement graphic. It features a portrait of Mrs. Rose Kyomukama Kananura on the left. To the right is a lit candle. The AMDA logo is in the top left, and MHSRIP is in the top right. The text provides her name, location, and dates of birth and death.

AMDA
ora et labora

MHSRIP

**Mrs. Rose
Kyomukama
Kananura**
Burungamo, Ngarama,
Isingiro District.

**DEATH
ANNOUNCEMENT**

SUNRISE: 30th May 1980
SUNSET: Thursday January 22, 2026
*May the soul of Mrs. Rose Kyomukama
Kananura Rest In Eternal Peace.*



Order of HYMNS



PRELUDE:

MUKAMA NDINDA

Mukama ndiinda, Mukama mpwera Ebyangye byona nobimanya.

1. Nsaasizi y'abaana baawe ija onsaasire,
Ebyangye byoona nobimanya.
Rugaba ndi owaawe ija ontambire,
Ebyangye byoona nobimanya.
Muhumuriza w'abashobeirwe nkiza amainaro,
Ebyangye byoona nobimanya.
Ahangabirano zaawe mbaganeho eigaro.
Ebyangye byoona nobimanya.
2. Nomanya obu ntondwa kandi
nomanya obu nzaarwa
Nomanya okunyeeta kwangye
kuhisya okufa kwangye
Nomanya oku mbyama,
okunyimuka n'okungyenda
Nomanya okuntwaza, ebinkunda n'ebinyanga
3. Omuzigu sitaani naampiga ngu ndugye ahariwe
Mgu mpungye ekigambo kyawe haza
mpemukye ahariwe
Tarihare reeba ari aha omubaana baawe
Ari aha Taata ayesherekire omuntaama zaawe
4. Omubukyene bwangye nguma haihi ntainara
Omubweremwa bwangye reero nka kwehara
Matsiko g'owaawe ka eby'ensi mbyegukye
Ndwanirire eby'eiguru nyine obwesigye
5. Mujuni guma ontsyahe rwata yaija kumpabya
Kandi ongume haihi buzima ntakashobya
Ebihaburo byawe mbikwane mbyaijire
Ebigyezo by'ensi egi reero mbisingure

ENTRANCE:

REEBA IREMBO

Reeba Eirembo rya Mukama riboneire, Nabariramu nibataaha omwe nabashemereirwe

1. Bury'omwe omunsi arwanirira kuritaahamu,
Norirabamu waaba nokora ebi Ruhanga akunda
2. Tihaine omanyanya oburungi bw'orurembo
rwa Mukama, Abahikirire nibo bamanya
oburungi bwarwo
3. Abakora ebyembabazi omu bagyenzi baabo,
baryahebwa omugisha gw'okuraba omu eirembo
4. Abagabira abakyene bakahwera enshoberwa,
Nibo baribanza kuraba omu eirembo eriboneire

KYRIE:

MUKAMA TUSAASIRE

GLORIA:

OHIMBISIBWE NYAMUHANGA

Cantar:

Ekitiinwa kibe omu iguru, ahari Ruhanga

All:

N'obusingye bube omunsi, ahabantu abasiimwa Ruhanga.

Chrs: **Nyamuhanga ohimbisibwe**

Nyamuhanga ohimbisibwe e e

Ohimbisibwe Nyamuhanga

1. Nitukuhaisa, nitukusiima, nitukuramya,
nitukuhimbisa, Nyamuhanga...
2. Nitukusingiza ah'abw'ekitiinwa kyawe
kingi, Nyamuhanga...
3. Mukama Ruhanga, omugabe w'eiguru Ruhanga,
omushoborozi wa byona...
4. Mukama Mwana omwe
nyamunegyere Yezu Kristo ...
5. Mukama Ruhanga kataama ka
Ruhanga, mwene Patri ...
6. Iwe, oihaho ebibi by'ensi otusaasire ...
7. Iwe, oihaho ebibi by'ensi yakiira
okw'eshengyerza kwaitu ...
8. Iwe oshutami aha buryo bwa sho, otusaasire...
9. Manya niuwe wenka omuhikirire, niuwe
Mukama wenka...
10. Niiwe wenka, ori ah'aiguru ya
byona, Yezu Kristo...
11. Hamwe na Mutima Muhikirire,
omu kitiinwa kya Ruhanga Patri...

MEDITATION:

NYAKUBAHO NEKYEREREZI KYANGYE

Chrs:

Nyakubaho n'ekyereerezi kyangye

Kandi okujunwa kwangye, n'oha ou nditiina,

Mukama niwe maani g'amagara gangye

orintiinisa n'oha

1. Enkozi z'ebibi ku zaanyiriire kungaashura
Nibo bazigu bangye n'ebarikuunyanga
Bakateera entsibo baagwa.
2. N'obu engabo zaakuteeka enteeko kundwanisa
Omutima gwangye tigukaatiina
N'obu orugamba rwakumbaho
Hoona nabwo nkaaguma omutima



Order of HYMNS

GOSPEL ACC:

EKIRO KYOONA NOMUSHANA (Fr. Wenceslaus Bazirakye)

Ekiro kyona n'ommushana Mukama Ruhaga niwamanya, Ekiro kyona n'omushana - a Mukama Ruhaga niwanyine.

Alleluia, Alleluia, Alleluia, Alleluia.

1. Okugyenda kwangye ni Mukama okurinda, engabirano nungi ni Mukama ozihanga omurinye.
2. Okugwejegyera kwangye ni Mukama okurinda okusisimuka kwangye ni Mukama okuhimbura Alleluia.
3. Omubazigu bangye Mukama n'ondinda omuburemezi bwangye Mukama ompangana Alleluia.
4. Omumurimo gwangye Mukama onyegyesa omumitego yabantu Mukama onzahura onkiza weena.

OFFERTORY:

NDYAKUHAKI MUKAMA WANGYE

Chrs:

Ndyakuhaki Mukama wangye, ahabw'okwenda kukwebaza, Ebintu byona ebinyine, ka niiwe obimpa, Ndyakuhaki kukwebaza.

1. Ezo sente zangye niiwe wazampire, nkaba ntaine kantu, Kanzirete nzikutoijere buzima.
2. Amatungo gangye niiwe wagampire, nkaba ntaine kantu, Kankukoreremu nkutoijere buzima.
3. Ezo mbibo zangye n'ebihingwa byona, by'omu myaka yangye, Niiwe obyeza mbikutoijere Mujuni.
4. Abaziare bangye niiwe wabampaire, tindaberondeire, Kambeete tukutoijere Mujuni.
5. Obusingye bunyine niiwe wabumpaire, nkaba nyeshobeire, Kangurukye nkwemurikire Mujuni.
6. Abanyabuzaare na banywani bangye, aba abanyetoroire Kambete tukutoijere Mujuni.

NITUKUTOIJERA TATAITWE

Nitukutoijera Tataitwe nyamuhanga

Nitukutoijera tukwebaza

Emitoijo yaitu ogyakiire nk'omutoijo gw'omuhereza waawe Abeeli

1. Eshara zaitu Mukama tuzikutoijere, Rugaba nitukusiima
2. Agamatungo Mukama tugaiha'hariwe Tugakureetere Rugaba nitukusiima
3. Ebihingwa byaitu yaimwe,tubikutoijere Tuteziringa reero niw'obyeza buzima
4. Embundabunda yaimwe nimwije Tumusiime, Nitumusiimira byoona ebyatuhaire
5. Eminyeeto mwena mwije tutoijere Tataitwe Niwe muhanga waitu tumuhereze
6. Amagara gaitu twena omuzaire tugamukwatse Omuhanga w'ensi n'eiguru tumugaragire

POKEA BWANA (Bazilio Arinda)

Pokea Bwana pokea, Pokea sadaka yetu

Pokea Bwana pokea, Pokea sadaka yetu

1. Tumeleta Mkatete, tumeleta Divai **Baba tunakuomba, Baba pokea** Tumeleta vipaji, tumeleta mazao **Baba tunakuomba, Baba pokea**
2. Tumeleta upendo, tumeleta ibada **Baba tunakuomba, Baba pokea** Baba tunakusifu ewe uheshimiwe **Baba tunakuomba, Baba pokea**
3. Kama Ibrahimu na Abeli mpendwa **Baba tunakuomba, Baba pokea** Tumeleta sadaka, tumeleta shukrani **Baba tunakuomba, Baba pokea**
4. Tumeleta dhahabu, tumekuja na fedha **Baba tunakuomba, Baba pokea** Tumeleta mavuno, tumeleta wanyama **Baba tunakuomba, Baba pokea**
5. Tunajisalimisha, Baba tusaidie **Baba tunakuomba, Baba pokea** Nasitupe baraka ebu utuongoze **Baba tunakuomba, Baba pokea**



Order of HYMNS

OFFERTORY PROCESSION:

TOORA NYAMUHANGA

Toora Nyamuhanga, yakiira muruhura ekitambo ky'erizoooba Nyamuhanga, Omugaati toora n'egyo viini reeba, Nikyo Kitambo ky'oburokozi Nyamuhanga x2

1. Eshaara zeitu yeiwe Muruhuura,
Zishorongye n'ekitambo owa Ruhanga.
2. Magara gaitu yeiwe Muruhura,
Ahari Tateitwe Yezu omutusiimire.
3. Maria Nyina Yezu kandi Nyineitwe,
Ekitambo ky'Omwana waawe kitugasire twena.
4. Rukundo y'abantu ogyeze Tateitwe,
Ekitambo kyaitu Tataitwe kikuheise Ekitiinwa.

O YES IN THE PRESENCE OF THE LORD

1. O Yes in the presence of the Lord, I
will bring my gifts
In thanksgiving and love
There is joy in my heart. It is flowing like a river
I will praise the Lord,
In thanksgiving and love
2. God our Father, Everlasting King
Please accept this gift we offer
In thanksgiving and love
Take our bread upon Your Altar
And our wine in the chalice
In thanksgiving and love
3. O Yes in the presence of the Lord, I
will bring my gifts
In thanksgiving and love
There is joy in my heart. It is flowing like a river
I will praise the Lord
In thanksgiving and love
4. With thankful hearts and joyful songs
We approach Your Holy Altar
In thanksgiving and love
Bearing gifts of Your Creation
We return what you have given
In thanksgiving and love
5. O Yes in the presence of the Lord, I
will bring my gifts
In thanksgiving and love
There is joy in my heart. It is flowing like a river
I will praise the Lord
In thanksgiving and love

ALTER INCESING:

EGI MITOIJO YAITU

Egi mitoijo yaitu Mukama eyi twareeta kukuhongyera; ogyakiire ogijuze Mutima waawe agyeze; Ehindukye etubeere omubiri n'eshagama y'Omwana waawe

1. Nitukusiima, nitukuhongyera ekitambo kihuriire,
kandi ekirikwera.
2. Otoore owahongwa ou wakunzire,
okatugarukanisa naiwe, omu kwetamba kwe
3. Reero nk'oku tutegyereize okwija
kwe kw'ekitiinwa,
Nitukuhongyera omubiri n'eshagama ye, Nikyo
kitambo ekishemereire, ekijuna ensi yoona

SANCTUS:

ORIKWERA (Bazilio.A.)

Orikwera, Orikwera, Orikwera Mukama, Ruhanga Ow'amahe.

1. Iguru n'ensi, Iguru n'ensi bijwire ekitiinwa kyawe.
**Hosanna, Hosanna, Hosanna
Ruhanga ow'amahe.**
2. Naakasingye, Naakasingye orikwija
omwiziina ryawe.

AGNUS:

AGNUS CARITAS

HOLY COMMUNION:

ABAKRISTO TUSHEMERERWE

1. Abakristo tushemererwe,
tweshongore twananuka
Yezu yaija ari hanuya, tumuhaise
twena hamwe. **x2**
2. Ebigambo bya Konsekrasio,
byamureeta omu-Hostia
Aketamba ha Kalvario, x2 Ari hanu n'omu Missa.
3. Yezu wangye Taberinakulo, n'enju
yaawe omu-otura,
Nyomushana kandi nyekiro. x 2
4. Mukama wangye ninkwetenga
oigure Taberinakulo
Ku nkutunga omu Komonio n'onyija
omu mutima. x 2
5. Yezu wanyge Ostansorio, n'ekitebe ki-oyesimira
Noboneka omu birabyo, twizirire kutabaara, x2
6. Ai Mukama n'iwe Ishe-itwe,
n'Omurokozi w'abantu,
Oshemeze abaana baawe, obahitsye
omu-iguru. x 2



Order of HYMNS



BUGYENYI BWA MUKAMA

*Obugyenyi bwa mukama mwije tubutahe,
Omujuni Rugaba nariisa boona,
Abecumire gye mwimukye twahirwa,
Omurisa Yezu yatweta, Nimwije atugaburire.*

1. Nitukweta Mukama...oije otujune
Nitutaaga Rugaba..oije otutambire
Enjara reeba yatwita..oije otujune
Eiriho Yezu ryatwita.oije otutambire
2. Obugyenyi bwowawe Yezu..oije otujune
Nibutana nan'obundi....oije otutambire
Noyetamba mukama.....oije otujune
Noturiisa tumarwa.....oije otutambire
3. Abaija owaawe Yezu... oije otujune
Obariisa baigutaoije otutambire
Obanyesa baba gyeoije otujune
Obahindura abaragwa...oije otutambire
4. Egabo yowawe Yezu.....oije otujune
Ehwera abagiry.....oije otutambire
Ebahereza amagaraoije otujune
Ebahindura abarikwera.....oije otujune
5. Abeinemu oburofaoije otujune
Babanze bezibwe.....oije otutambire
Aha kihuro ekirikwera...oije otujune
Nayenda abeemi gye ...oije otutambire
6. Abeinemu obugaraoije otujune
Abatenda kwija ah'ori ..oije otutambire
Otabeebwa mukamaoije otujune
Obajune Rugaba.....oije otutamburire
7. Mujuni mbenu twanywana..oije otujune
Otujune omubisha ...oije otutambire
Oturinde emitego..... oije otujune
Tutashobya Mukama...oije otutambire

THANKSGIVING:

YEZU KANKWEBAZE

*Yezu ka nkwebaze, wanzindukira;
Waija wantambira, wangaburira;
Niiwe naarya, buzima niiwe naanywa;
Yaiwe, Omugyenyi Ruhanga, kaije.*

1. Yezu wandiisa n'omubiri gwawe,
Kanda wanyweisa n'eshagama yawe.
2. Yezu ninkwebaza, iwe Muhandi;
Wanyeha ngu mbone kwera kurungi.
3. Kairu naanywana n'omugabe wangye,
Nakarungi kamwe ntaine na kangye.
4. Yezu wakunda ku ntuurana naiwe,
Ka ngume naanye ndi omwesigwa waawe.
5. Niiwe naashumbaho, nkunzi y'abantu,
Mpwersa nontungisa, ntakiine kantu.

Niiwe naakwatsa n'amagara gangye,
Ntwara gye niinyera, bwesigye bwangye.

RUBAGA PROJECT:

NYAMUHANGA KANKUTOIJERE

*Nyamuhanga kankutoijere ori murungi
kankwebaze ombereire omuzaire wandinda
wankunda mbwenu nanye kankusiime.*

1. Nyamuhanga okantorana wandinda
wankiza gye Taata, wantooranira orweto
rurungi kankutoijere nkusiime.
2. Nyamuhanga ninkusiima buzima,
ondinzire nahisya egi myaka, onyorekire
Rukundo yaawe kankutoijere nkusiime
3. Emiyaga y'ensi egi buzima onkwatiriire
wansinguza, ombereire omuzaire
murungi kankutoijere nkusiime.
4. Nyamuhanga ompeire obugazi wampa
emigisha, wampa obusingye, ombereire
munywani wangye kankutoijere kusiime.
5. Nakureetera ebihembo byangye, nereeta
esente nareeta n'amatungo, Nyamuhanga
obyakiire nk'ekitamba kya Abeel

RECESSION:

NTUME OHA (JB Kazoora)

*Ntume oha yaimwe,omuntama zangye
Baaninyewatuma taata reeba ndyaha.*

1. Reeba entama zangye ziri
okw'omwihamba,niziyayana habuzire
owazireberera.
2. Reeba entama zangye nizenda Omuriisa,ahakuba
ebicuncu,emishega,n'empisi,bizigwe rire
nibyenda kuzishnoshomera.
3. Nahabwekyo nizenda omuriisa,oteine bwoba,
oteine Bugara oyehireyo okurisa entama zangye.
Ruhanga wangye Nyowe
4. Ai bame mbwenu ho nahisya manya ndi omuntu
nyena tinshemire,mbwenu naija banza wanyozya
nshemere mzekurisa entama.
5. Hati wayera waihwaho orubanja,wasasiwa ebibi
byawe,iroko orise entama zangye

The Children and Teens Ministry in 2025: Nurturing Faith, Confidence and Leadership

By Mrs. Caroline Kagwire



The year 2025 was a vibrant and transformative journey for the AMDA Children and Teens Council. Throughout the year, children and teenagers actively participated in spiritual, social, leadership and community-based activities that strengthened their faith and built their confidence. Key highlights included participation in the AMDA Caravan, MEPA, and the pilgrimage to Namugongo, experiences that left a lasting impact on many young members, some of whom were attending such events for the very first time. Guided by its commitment to nurture children and teenagers in faith, responsibility and leadership, the Council continued to promote meaningful participation of young people in both church life and community development.

Growing Together: Membership and Leadership

In 2025, the Council brought together a lively and committed group of young members. Over 87 children aged 6 to 13 years and more than 100 teenagers aged 14 to 18 years participated actively in Council activities. This strong membership reflects the growing trust of parents and parishes in AMDA's child-centred programmes.

The Council was led by a dedicated leadership team supported by committed Sunday school teachers who played a key mentoring role. The leadership include Mrs. Caroline Kagwire as Chairperson, Mrs. Prudence Muhwezi as Vice Chairperson, Mr. Edgar Nuwajuna as Secretary, and Mr. Amany Justus as Treasurer. They were supported by a team of Sunday school teachers whose guidance helped nurture discipline, confidence and faith among the children and teens.

Building Faith at the Centre

Spiritual formation remained the foundation of the Council's work. Throughout the year, children and teens actively participated in Mass, rosary prayers and catechism sessions, especially during AMDA monthly Masses and MEPA gatherings. Sunday school sessions provided structured learning on Catholic doctrine, sacraments and values, while children also learned traditional Catholic prayers and developed a strong devotion to the rosary.

During major gatherings such as the pilgrimage to Namugongo, children and teens confidently led prayer sessions and scripture readings, demonstrating growing spiritual maturity and a strong sense of belonging to the Church.

The AMDA Caravan: A Defining Moment



“The AMDA Caravan was the most impactful activity of the year for the Children and Teens Council.”

The AMDA Caravan was the most impactful activity of the year for the Children and Teens Council. Children and teenagers from Nyamitanga and Kiboona parishes participated fully in faith-based sessions, peer learning discussions and social activities.

Through games, music, dance, drama and prayer, the children expressed themselves creatively while addressing important issues such as child neglect, peer pressure, the value of education and the importance of discipline. Riddles, songs and short skits became powerful tools for learning and reflection.

A particularly inspiring moment was seeing children confidently speak before public gatherings on children’s rights and responsibilities, the importance of prayer and obedience, and the role of children in the Church. These moments reflected the Council’s success in building leadership and advocacy skills among its members.

Learning From One Another

Beyond major events, the Council encouraged continuous social interaction and peer learning. Exchange sessions between children from Nyamitanga and Kiboona parishes allowed them to share experiences about school, family life and community challenges. Group discussions, games and music strengthened unity and teamwork while helping children develop communication and social skills.

Creativity also played a central role throughout the year. Children showcased their talents through cultural performances, liturgical dances, poetry, drama and public speaking. These activities not only entertained but also taught valuable lessons in discipline, teamwork and faith.

Achievements to Celebrate

In 2025, 67 children participated in activities in Nyamitanga, while 112 took part in Kiboona during the Caravan. The Council also successfully supported children’s participation in the pilgrimage to Namugongo and MEPA at the shrine. Monthly Sunday school sessions at Rubaga strengthened faith formation, while friendships and networks grew across the two parishes.

Children and teens demonstrated improved understanding of Catholic teachings, prayers and rosary devotion, alongside growing confidence in leadership and public speaking. Many children proudly participated in their very first Caravan, marking an important milestone in their faith journey.

Challenges and Lessons Learned

Despite the successes, the Council faced several challenges. Limited time during Caravan parish visits affected deeper engagement, while shortages of child-friendly learning materials, seating space and refreshments posed difficulties. Transport delays and the lack of printed catechism and prayer materials also affected some activities.

From these experiences, the

Council learned that children thrive when entrusted with responsibility, that peer-to-peer learning is highly motivating, and that combining faith teachings with community development themes enriches learning. Exposure to other parishes was especially effective in building confidence and broadening children’s perspectives.

Building on the gains of 2025, the Children and Teens Council plans to expand its programmes in 2026. Planned activities include

- Holiday engagement sessions for teenagers,
- The introduction of a Monthly Rosary and Bible Reflection Day,
- The production of simple prayer booklets for children.

The Council also aims to strengthen leadership through youth boot camps, mentorship programmes and training in communication and public speaking. Community outreach activities such as clean-up campaigns, visiting the elderly and charity drives are planned, alongside greater involvement of children in parish development initiatives.

Administrative improvements will focus on better record-keeping, documentation, and advocacy for increased budgets for child-centred activities. Early preparation and improved coordination will also guide participation in the 2026 AMDA Caravan.

The year 2025 was truly a season of growth, blessing and transformation for the AMDA Children and Teens Council. Through faith-centred activities, leadership development and community engagement, children and teenagers grew spiritually, socially and emotionally.

With continued support from AMDA, parish leaders, parents and the wider community, the Council looks forward to an even more impactful year ahead. May the spirit of “Let the children come to God” continue to guide all programmes and actions in 2026 and beyond.



Growing in Faith and Service: My AMDA Journey

By Namaganda AnneMaria Henrietta

Growing in Faith and Service:
My AMDA Journey
Namaganda AnneMaria Henrietta

As I've grown into AMDA, I've discovered that faith is about living out our values in the world. From serving in church activities to representing my community on TV and even visiting parliament, AMDA has been a catalyst for growth and discovery.

Walking into parliament was awe-inspiring! We watched a session, learned about the legislative process, and even snapped a photo with the Deputy Speaker. It was a masterclass in civic engagement and left me feeling proud to be part of AMDA.

Being on a Catholic TV programme, talking about saving the environment, was awesome! Sharing my thoughts on caring for creation was meaningful, and I'm grateful for the opportunity.

Special thanks to my mum and Dad for being very supportive, and the AMDA teachers who encourage and guide us. Your dedication and support have helped shape me into the person I am today. Thank you for believing in us and pushing us to be our best selves.

As I prepare to take the next step into adulthood, I'm grateful for the foundation AMDA has given me. I'm excited to continue serving and making a difference in my community, inspired by the values of faith, service, and compassion. Together we can make a difference!

A Transformative Experience at AMDA

By Kaddu Mathias Harvey :

When my mum told me about AMDA, I wasn't sure what to expect. But curiosity won, so I decided to give it a try. Stepping onto the grounds, I was struck by how friendly and welcoming everyone was. I made friends that I still keep in touch with today.

Through activities like ushering, choir singing, and taking readings, AMDA taught me about culture, local languages, teamwork, and serving others. Such activities have inspired me to take up leadership in my school currently as a student's lawyer, improve my writing skills as a literature student through such articles in AMDA magazine, and the visit to parliament was also

inspirational, all these thanks to AMDA. One moment stood out: taking a reading in front of a very big crowd. As I started speaking, something clicked. The words flowed, and I wasn't nervous anymore. It felt amazing! Now I comfortably take readings and, once in a while, lead Radio Maria Rosary after the 7 pm Mass. AMDA to me isn't just an association, it's an initiative that touches lives by building community, Faith, confidence, and connection.



My First Boarding school Experience

Ryan Manzi

Hello AMDA, my name is Ryan Manzi M, I am 12 yrs old and I am joining S.2 in S.M.A.C.K my parents are Silver Mwesigwa and Mary Amumpaire M, My hobbies are playing sports (Football) etc. As I said I am in S.M.A.C.K (a boarding school) but I had never been to a boarding school all my life.

I also had never been to a school that does the UNEB Exams. I was doing the Cambridge curriculum in K.D.S. So switching schools and curriculum was a shock to me. It wasn't easy and the first term was the hardest.

I was used to going back home after school, It was hard keeping track of my items so

I would always come back home with an empty case, and I also struggled in studies because it was completely different but gradually, I started to understand it and I got better than I was before. I am now going to S.2 and I am starting to enjoy it. That experience taught me responsibility, Adaptability, resilience and that change isn't easy. My advice to young children is be Hardworking, Focused and to always to be ready for anything and to accept it with a positive mindset. I would also like to thank AMDA for allowing the children and teens council to animate this Mass and to you for reading my article. Have a good day and may God bless you. Amen.

My time with AMDA

By Kaddu Joseph Lukyamuzi Hathorn

For the time I've been part of the organization I have learned that it brings people together through organizing functions which are very interesting and fun.

Other than that, it also helps people to explore new places, for example, we had a trip to Parliament where I got to understand very many things like the duties of the clerks, the deputy speaker, and had the opportunity of seeing the MP's in session arguing many things it was inspiring, a very nice experience and I cannot forget it. We even got to take a photo with a deputy speaker, yeah, which I can never forget.

My mom introduced me to AMDA. My first time was during a mass animated by youth and the launch of the Environmental Sustainability Council, for which my mum was the first Chairperson. My dad is also very supportive and always allows us to be involved and makes sure we get to the places we need to go.

AMDA also helps keep people connected with God by involving children like me in church services, teaching us new worship songs, giving us children an opportunity to write articles in the AMDA Magazine, and helping us learn more about the Catholic faith and God's love. Generally,

All in all, it is a very good organization that helps us children to grow Faith in God, confidence, and socialization.



My Experience at AMDA

AMDA is a life-giving organization that has helped me grow in faith, friendship, and love for God's creation. Through AMDA, I experienced many beautiful moments that I will always remember. One of the things I enjoyed most was making new friends and taking part in acting. I played an Angel in a play in which the serpent tried to tempt Jesus. This helped me better understand the Bible story and made me happy to serve God through drama

I also loved planting trees with my mum, priests, and other important people. It made me feel close to nature and thankful to God for His creation. Nature is a blessing

from God. My mother loves nature, and that is how I also learned to love it. My dad and mum always teach me about the importance of trees in our compound and how they help give life to people and the environment. AMDA taught me to care for nature and protect God's creation. This inspired me to even contest for the post of Environment Prefect at my school. And I want to encourage other pupils to do the same.

In conclusion, AMDA is a very nice, peaceful, and God-fearing organization. It teaches us children to love God, care for others, and protect nature. I am thankful to be part of AMDA. Yours sincerely,

**Nabbona Helena
Maria Immaculate**

AMDA is Awesome!

by Kaddu Gabriel Harold Raphael Kaweesi

I WENT TO AMDA END OF YEAR PARTY AND IT WAS SO COOL! We played in the BOUNCING CASTLE! I jumped and jumped and JUMPED! I ran around and played football with my friends. We had a BIG LAUGH! We did cool things like CUT A CAKE! It was YUMMY! And we

LEARNED NEW THINGS! My friend taught me how to draw a car, and I taught him a game! AMDA is the BEST! I want to go back and play some more!



WHY I LOVE AMDA

Simon Mugisha Kibuuka

I am deeply grateful to AMDA, which has helped raise me and shaped my faith. Through its guidance, teachings, and example, through the strong moral values, devotion to God, and the importance of living a life rooted in Love, faith, kindness, and service. I offer my sincere thanks to the AMDA Children's Ministry that brought Sunday School which has mentored most of us children in our faith, ethics and morals and most importantly I thank the AMDA leaders who were able to come up with this fantastic idea which has made most of us who we are today and we promise to carry on the legacy of AMDA in time to come.



SUNDAY SCHOOL SUNDAY SCHOOL SUNDAY SCHOOL

Oh how I love AMDA Sunday School session! I always look forward to the last Sunday of the month. Whenever am in holidays it gives me great insights and vibes. It has taught me more about my religion, how to relate to my God and relate with my fellow children and helping them.

I also learn singing, sharing and more reading the Holy Bible that helps me to know more about Jesus. I love bible stories that I learn from Sunday School. Oh how I love Sunday School

Mukisa Gideon Elisha
Nswanjere Junior Seminary



The Beauty of AMDA for Children and Teens

AMDA is a special place for us children and teens. As a Catholic-based organization, it helps us grow, not just in skills, but also in faith. At AMDA, we are taught how to live our lives with Jesus Christ at the centre, because He is our guide, our strength, and our Redeemer. Through AMDA activities such as recollections and retreats (holding my heritage), children and teens ages 6 to 18 come together to learn important life lessons. These events are always fun, interactive, and meaningful. We get to do practical things like cooking, making jewellery, baskets, and shopping bags, planting crops, and even learning how to slaughter animals. We also have career talks that help us start thinking about our future.

But what makes AMDA truly special is that everything we do is rooted in God's Word. We spend time studying the Bible and learning from the life of Jesus Christ and other great people in the Bible. These lessons help us understand how we should live, treat others, and make good choices, even when life gets difficult. AMDA has helped many of us discover our

Written by: Mwine Carlos

talents, build confidence, and learn skills that will help us in the future. More importantly, it teaches us strong values and reminds us that we cannot walk this journey alone; we need to remain close to Jesus. As the Bible says in John 15:4: "Remain united to me, and I will remain united to you... You cannot bear fruit unless you remain in me."

I encourage all children and teens to take part in AMDA activities whenever they are called upon. Learn, grow, have fun, and most of all, stay faithful to God. He knows our future and has a plan for each one of us. As it says in Jeremiah 29:11: "I alone know the plans I have for you... plans to give you a future full of hope." May the grace of our Lord Jesus Christ be with us all. Amen.



My Happy Sundays with AMDA

Looking back, I remember Sunday School mornings filled with laughter and lessons. Who can forget the praise, worship and memorizing Bible verses? The church camps were a blur of excitement – games, skits, and campfire worships. The friendships forged and mentors who guided me are still close to my heart. I will forever be grateful to the Amda community, my family

Melissa



Growing with God from Sunday School

Being a child is as easy as frying irish for dinner but growing in the way of the Lord is not a job for ordinary people.

Growing up to this point has made realise how Sunday school has had an impact on me. One that can not be forgotten this is the same place I made my first friends, this is were I learnt that God exists and He loves me.

This is also the place I met as special person who has journeyed with me till now and has taught me leadership, confidence and lastly to always be grateful for what God has given me. Thank you Madam Dorothy for being the best Sunday school teacher and to me no one can replace you in my heart because the first good memories for me are the days in Sunday school with you.

Mujurizi Andrew Devan

How AMDA Taught Me to Give

I am proud of the people in AMDA and blessed to get a chance to be part of the Amda family because of the effort they put into making AMDA what it is today, a community that is loved and respected within the Archdiocese of Mbarara. I have attended several AMDA caravans in different parishes of the archdiocese, where members offered help and support to people in need. Seeing the commitment and generosity of AMDA members has shown me the importance of giving back, and it has made me hope that one day I will also be part of that giving side of AMDA, using my own earnings to help others. Through AMDA, I have learned a lot about my faith and about Jesus Christ, lessons that cannot be fully learned in school. The Sunday school sessions, camps, and activities have helped deepen my understanding of faith and service, and they continue to shape me as a young Catholic and Christian in general. It is all thanks my Mother for making friends that have built such an amazing and creative aspect of the community which has inspired me as a child to grow up with such giving friends that I made in Amda that we will also grow up to build a better Amda as our parents have inspired us to do

Nkurunziza Trevor Trajan

Vice Secretary

AMDA Teens and Children

Pictorial



End Of Year Party



Pictorial



End Of Year Party





15th ANNUAL GENERAL Meeting

*You are cordially invited to the 15th
Annual General Meeting (AGM) of AMDA SACCO*

7TH **SATURDAY**
8:30AM - 2:00PM
MARCH, 2026

 **AMDA HOME - RUBAGA**

RSVP: 0787809377 / 0702442206



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ANNUAL YEAR PLANNER - 2026

DATES	JANUARY	FEBRUARY	MARCH	APRIL	DATES	MAY	JUNE	JULY	AUGUST	DATES	SEPT	OCT	NOVEMBER	DECEMBER
1	Thursday: New Year's Day	Sunday	Sunday: Lenten Reflection	Wednesday	1	Friday: AMDA Sports Gala- Amda 3 & Amda Youth	Monday	Wednesday	Saturday	1	Tuesday	Thursday	Sunday: AMDA Youth visit to farm or industry	Tuesday
2	Friday	Monday	Monday	Thursday	2		Tuesday	Thursday	Sunday	2	Wednesday	Friday	Monday	Wednesday
3	Saturday	Tuesday	Tuesday	Friday	3	Sunday	Wednesday: Mary's Day - Namugongo	Friday	Monday	3	Thursday	Saturday	Tuesday	Thursday
4	Sunday	Wednesday	Wednesday: AMDA Youth Men Day Out And Men Affairs Talk	Saturday: AMDA Youth Men Day Out And Men Affairs Talk	4	Monday	Thursday	Saturday	Tuesday	4	Friday: Caravan to Nyabwira	Sunday	Wednesday	Friday
5	Monday	Thursday	Thursday	Sunday: Easter	5	Tuesday	Friday	Sunday	Wednesday	5	Saturday: Caravan to Nyabwira	Monday	Thursday	Saturday: Advent Reflection
6	Tuesday	Friday	Friday	Monday	6	Wednesday	Saturday	Monday	Thursday	6	Sunday: Caravan to Nyabwira	Tuesday	Friday	Sunday
7	Wednesday	Saturday: Youth Catch up on Economic Empowerment	Saturday: AMDA Sacco AGM	Tuesday	7	Thursday	Sunday	Tuesday	Friday	7	Monday	Wednesday: Online Marriests Discussion	Saturday: AMDA 3 Meet And Great	Monday
8	Thursday	Sunday	Sunday: Women's Day Celebration AMDA Women, AMDA Youth Ladies & Day Out	Wednesday	8	Friday: Kibeho Pilgrimage	Monday	Wednesday	Saturday: AMDA Women Quarterly Meeting	8	Tuesday	Thursday	Sunday	Tuesday
9	Friday	Monday	Monday	Thursday	9	Saturday: Kibeho Pilgrimage	Tuesday: Pilgrimage to Munyonyo	Thursday	Sunday	9	Wednesday	Friday: AMDA 4 Outing	Monday: Mass-All Souls Day	Wednesday
10	Saturday	Tuesday	Tuesday	Friday: Exco Retreat	10	Sunday: Kibeho Pilgrimage	Wednesday	Friday	Monday	10	Thursday	Saturday	Tuesday	Thursday
11	Sunday	Wednesday: Online Marriests Discussion	Wednesday	Saturday: Exco Retreat	11	Monday	Thursday	Saturday	Tuesday	11	Friday	Sunday	Wednesday: Online Marriests Discussion	Friday: AMDA Children Camp
12	Monday	Thursday	Thursday: Leaders Kigarniro	Sunday: Exco Retreat	12	Tuesday	Friday	Sunday: Caravan Run	Wednesday	12	Saturday	Monday	Thursday	Saturday: AMDA Children Camp
13	Tuesday	Friday	Friday	Monday	13	Wednesday: Online Marriests Discussion	AMDA WOMEN QUARTERLY MEETING	Monday	Thursday	13	Sunday	Tuesday	Friday: Caravan Partners Appreciation	Sunday: AMDA End of Year Party Organised By AMDA Women
14	Wednesday	Saturday	Saturday	Tuesday	14	Thursday	Sunday	Tuesday	Friday	14	Monday	Wednesday	Saturday	Monday
15	Thursday	Sunday: AMDA 1 Meet Up	Sunday	Wednesday	15	Friday	Monday	Wednesday: Online Marriests Discussion	Saturday	15	Tuesday	Thursday: Leaders Kigarniro /Eoy Party	Sunday	Tuesday
16	Friday	Monday: Strategic Plan Review,	Monday	Thursday	16	Saturday: Education Symposium	Tuesday	Thursday	Sunday	16	Wednesday	Friday	Monday	Wednesday
17	Saturday	Tuesday	Tuesday	Friday: AMDA Caravan Launch	17	Sunday	Wednesday	Friday	Monday	17	Thursday	Saturday	Tuesday	Thursday
18	Sunday	Wednesday	Wednesday: Online Marriests Discussion	Saturday	18	Monday	Thursday: Leaders Kigarniro	Saturday: Webinar on Health	Tuesday	18	Friday	Sunday: AMDA Youth Outing	Wednesday	Friday: Spiritual Counsel Dinner
19	Monday	Thursday	Thursday	Sunday	19	Tuesday	Friday	Sunday	Wednesday	19	Saturday	Monday	Thursday	Saturday
20	Tuesday	Friday	Friday	Monday	20	Wednesday	Saturday: AMDA Marriests Retreat /AMDA Youth Picnic	Monday	Thursday	20	Sunday	Tuesday	Friday	Sunday
21	Wednesday	Saturday	Saturday: AMDA 3,AMDA 4 Charity Visit	Tuesday	21	Thursday	Sunday	Tuesday	Friday	21	Monday	Wednesday	Saturday: Youth End of Year Party	Monday
22	Thursday	Sunday: AMDA Mass Animated Pp: Jinja & Kasese Kampala Catholic Community (Kasese)	Sunday: Youth Charity Visit	Wednesday	22	Friday	Monday	Wednesday	Saturday	22	Tuesday	Thursday	Sunday	Tuesday
23	Friday	Monday	Monday	Thursday	23	Saturday	Tuesday	Thursday	Sunday	23	Wednesday	Friday	Monday	Wednesday
24	Saturday	Tuesday	Tuesday	Friday	24	Sunday	Wednesday	Friday	Monday	24	Thursday	Saturday	Tuesday	Thursday
25	Sunday: AMDA Mass Animated By Children and Teens Council	Wednesday	Wednesday	Saturday	25	Monday	Thursday	Saturday	Tuesday	25	Friday	Sunday: AMDA Mass Animated By Ngararama Parish	Wednesday	Friday: Christmas Day
26	Monday	Thursday	Thursday	Sunday: AMDA Mass Animated By Boston High School/ Thinking Education Development	26	Tuesday	Friday	Sunday: AMDA Mass Animated By Ryakuhimbiri Parish	Wednesday	26	Saturday	Monday	Thursday	Saturday
27	Tuesday	Friday	Friday	Monday	27	Wednesday	Saturday	Monday	Thursday	27	Sunday: AMDA Mass Animated By Kashihero Parish	Tuesday	Friday	Sunday
28	Wednesday	Saturday: ABFAGM	Saturday	Tuesday	28	Thursday	Sunday: AMDA Mass Animated By -St Padre Pio Family	Tuesday	Friday	28	Monday	Wednesday	Saturday	Monday
29	Thursday	Sunday: Palm Sunday Animated by AMDA Marriests' Council/Launch Of Strategic Plan	Wednesday	Wednesday	29	Friday	Monday	Wednesday	Saturday	29	Tuesday	Thursday	Sunday: AMDA Mass Animated By Nyabubye Parish	Tuesday
30	Friday	Monday	Monday	Thursday	30	Saturday	Tuesday	Thursday: Leaders Kigarniro	Sunday: AMDA Mass Animated By Kiura Parish	30	Wednesday	Friday	Monday	Wednesday
31	Saturday: Caravan Pre-visit To Nyabwira	Tuesday	Tuesday	Thursday	31	Sunday: AMDA Mass Animated By Uganda Martyrs Parish	Tuesday	Friday	Monday	31	Wednesday	Saturday: AMDA Women End Of Year Party	Monday	Thursday